



0 Miles 1 2

0 Kilometers 1 2

How long will it take?

20 minutes cycling will take you this far or this far

If you cycle at about 6 miles an hour If you cycle at about 10 miles an hour

20 minutes walking will take you about this far

If you walk about 3 miles an hour

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- ### CONTACTS
- West Dorset Ramblers** – local branch of The Ramblers leading local walks Jacqueline on 01308 863081
 - Sherborne Transport Action Group** – Mike Keatinge (Chairman) 01935 389377
 - www.walkingworks.org.uk** – support and information to encourage people to walk to work
 - www.livingstreets.org.uk** – national charity representing the rights of pedestrians
 - www.dorset-ramblers.co.uk** – find a local walk and local Ramblers Association groups
 - www.dorsetyoungwalkers.org.uk** – Ramblers Association group for younger members with led walks
 - www.Walkbudi.com** – search for other people going your way to share your walk with
 - www.dcn.org.uk** – Dorset Cyclists' Network campaigning for a cycle friendly Dorset
 - www.wessexctc.org** – local group of the Cyclist's Touring Club providing led cycle rides throughout Dorset
 - www.cycloan.co.uk** – providers of cycle hire and cycle training
 - www.wessexcyclingtraining.co.uk/index.htm** – providers of cycle training
 - www.dorsetforyou/bikeability** – child cycle training in Dorset to the "Bikeability" standard
 - www.b-activeindorset.org** – supporting people to participate in sport and physical activity
 - www.dorsetforyou.com/travelchoice** – reduce your car use by using active, sustainable transport
 - www.carsharedorset.com** – free carshare journey matching database to help you save money and reduce your carbon emissions
 - www.sustrans.org.uk** – the UK's leading sustainable transport charity
 - www.lcc.org.uk/index.asp?PageID=62** – useful guidance about cycling in traffic
 - www.transportdirect.info** – UK wide multi-modal journey planning tool



KEY

- Busy and high speed roads suited to confident cyclists only (unsuitable for inexperienced cyclists or families)
- Busy road suited to experienced cyclists (depending on traffic flow, may not suit inexperienced cyclists or families at certain times of day)
- Signed cycle route on-road
- Advisory cycle route (traffic volumes may vary according to the time of day)
- Unmade Unclassified County Road/Green Lanes (open to all vehicular traffic including pedestrians, horse riders and cyclists which have very low or no traffic)
- Traffic-free cycle path
- Bridleway - mountain bike recommended
- Footway where you should walk your bike
- Footpath / Permissive Path

26 41	National Cycle Route / Regional Cycle Route	Metres	Rural
P	Cycle parking	260-280	Urban
⊕	Place of worship	240-260	
coll S	College / School	220-240	
📖	Library	200-220	
🦉	Toucan / Pelican crossing	180-200	
🚉	Railway station	160-180	
→	One-way	140-160	
↘	Steep arrow (arrow points downhill)	120-140	
🏥	Hospital	100-120	
📧	Post office	80-100	
🛒	Supermarket / Convenience store	60-80	
🏠	GP Surgery	40-60	
🚲	Bike Shop	20-40	
📍	Tourist information	0-20	

Contours are shown at 10 metre intervals

The representation of a route is not an assurance that it is safe in all circumstances. Each cyclist must make this judgement on his or her own experience.