



Keep Safe Stop Abuse

What happens after you have told
someone about abuse or harm?



Made by



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Abuse is when:



Abuse or harm is when someone does or says something that:



- may hurt you



- makes you feel unhappy about the way you have been treated or harmed you



- frightens you

Who can you tell?



- family member



- friend



- social worker



- manager at work



- someone you trust



You can phone the organisations at the back of this leaflet

What they should do:



✓ stay calm and listen to you



✓ take what you say seriously



✓ offer support to help stop the abuse or harm



✓ write down what you say in your own words



✓ be aware that evidence needs to be kept safe



✓ contact the services at the back of this leaflet, the police or your safeguarding lead

They should not:



✗ ask you for more details



✗ think someone else will help you



✗ contact or go and see the person who may have caused harm or abuse



✗ promise to keep it a secret



✗ delay or be afraid to seek help

What happens after you have told someone about abuse or harm?



The person you tell will need to talk to Adult Social Care



They will raise a "Safeguarding Concern". This means that the harm or abuse has been reported



This is so they can find the right people to help you

Meetings



People from Adult Social Care will arrange to meet with you



They will ask you about what happened to you



This person is called a Safeguarding Adults Practitioner

Support



You can bring someone with you to meetings. This could be:



● a family member



● a friend



● a carer



● an advocate -a person who can help you to speak up



You can bring someone to support you to any of the meetings. It is your choice

A plan to make enquiries about the Safeguarding Concerns



A Safeguarding Adults Practitioner could be a:

- social worker
- nurse
- occupational therapist



Someone else may be asked to help with the enquiry



They will ask you what has happened



They will ask you what you would like to happen with you and your family or advocate



They may need to talk to other people like nurses, support workers, witnesses or family members

If you have any questions or worries

You can speak to your:



- Safeguarding Adults Practitioner



- social worker



- nurse



- advocate

You can talk to them at any time through the safeguarding enquiry

A plan to keep you safe - Safeguarding Plan



The Safeguarding Adults Practitioner will work with you and other people involved



They will make a plan together with you, to keep you safe



This is called a Safeguarding Plan



This may be for you and it may also be to keep other people safe from harm



You can agree to the Safeguarding Plan that protects you



You can decide to accept the plan or not



If other people are at risk and included in the Safeguarding Plan you will not be asked to agree to it. It is a plan to keep you and other people safe as well



If you are not able to make a decision by yourself, a best interests decision will be made for you

Do I have a choice if the safeguarding enquiry goes ahead?



If you are able to make your own decisions then you can decide if it goes ahead or not



Your Safeguarding Adults Practitioner will talk to you about the risks and your plan to keep yourself safe in the future



If a crime has happened or other people are at risk of abuse the meeting and enquiry may still go ahead

Safeguarding Enquiry



You will be asked what you would like to happen



What you say is very important and will affect any decisions that are made during the Safeguarding Enquiry



Your Safeguarding Plan will be reviewed and decisions about your safety and support are talked about at this meeting

Who will be at the meeting?



- The Safeguarding Adults Practitioner



- Safeguarding Manager - They make sure the Safeguarding Enquiry is completed properly. They make sure you are listened to



- Professionals like managers, nurses and social workers



- The police may need to be at some meetings



- People who can help us understand the risks of harm or actions we need to take to keep you safe

Reviewing the Safeguarding Enquiry



Your Safeguarding Plan will be reviewed if it is found that you feel unsafe



There will be a meeting to discuss what has happened
Your Protection Plan may be reviewed

Let us know about abuse



BCP Council Adult Social Care



Call: 01202 123654

Or at evenings and weekends: 0300 123 9895



Email: asc.contactcentre@bcpcouncil.gov.uk



Dorset Council Adult Social Care



Call: 01305 221016

Or at evenings and weekends: 01305 858250



Email: adultaccess@dorsetcouncil.gov.uk



Police

Call: 101

If you or someone you know feels they are in danger



Call 999 emergency



Ask for the Police



Call an ambulance if you or someone you know is badly hurt