

Non-Fiction

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Kindness Of Strangers : The Autobiography	Adie, Kate	Raised in post-war Sunderland, Kate has reported memorably from many of the world's trouble spots since she joined the BBC in 1969. The book offers a compelling combination of vivid frontline reporting and evocative writing and reveals the extraordinarily demanding life of the woman who is always at the heart of the action.	B ADI 438p	BIOGRAPHY	CD
Tuesdays with morrie: An old man, a young man, and life's greatest lesson	Albom, Mitch	Who inspired you? For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. He rediscovered Morrie in the last months of the older man's life and visited Morrie in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final 'class': lessons in how to live. New York Times Bestseller.	973.92 210p	NON-FICTION	LP
Have a Little Faith	Albom, Mitch,	Will you do my eulogy? With those words, Mitch Albom begins a journey to honour the last request of a beloved clergyman. Slowly he explores the "us" versus "them" of religion until he gravitates to an inner-city pastor of a crumbling church that houses the homeless, and is stunned at how similar belief can be. As his own beloved cleric slowly lets go, Albom writes his final farewell, having learned that a faithful heart comes in many forms and places. Best book 2009 Oprah	297.6 267p	NON-FICTION	LP
Walking Away: Further travels with a troubadour on the South West Coast Path.	Armitage, Simon	Simon Armitage tackles the coastal fringes of Britain's south west, once again giving readings every night, but this time through Somerset, Devon and Cornwall, taking poetry into distant communities and tourist hot-spots, busking his way from start to finish with all the poetic reflection and personal wit we've come to expect.	914.2 288p	NON-FICTION	LP
Station to Station: People, places and stories on the Great Western line	Atlee, James	The chronicle of a railway journey like no other – part personal odyssey, part history, part architectural guide, part reflection on the nature of travel, part investigation of the national psyche. If it can be categorised at all, here is Paul Theroux crossed with Bradshaw and Betjeman, spiced with a twist of Alain de Botton.	385.094 239p	NON-FICTION	
The View from here: Life at Seventy	Bakewell, Joan	This is Joan's discerning and heart-warming account of life at 70 and beyond. A household name and a popular radio and TV broadcaster, she is the ideal ambassador for challenging what being 70 can mean for women today. All of life, including the taboos of old age, are here - work, family, love, sex, body and death - written about with humour, warmth, and her characteristic verve and intelligence.	B BAK 258p	BIOGRAPHY	CD, LP
My Animals and Other Family	Balding, Claire	The autobiography of life in a rather unusual household, shared with thoroughbred racehorses, and an ever-present pack of boxers and lurchers. As a toddler she would happily ride the legendary Mill Reef and take breakfast with the Queen. Left to their own devices, she and her siblings had to learn life's toughest lessons through the animals, and through their adventures in the stables and the idyllic Hampshire Downs.	B BAL 272 p	BIOGRAPHY	CD, LP
Keeping on Keeping on	Bennet, Alan	Alan Bennett's third collection of prose contains excerpts from the diaries 2005 to 2015, reflecting on a decade that saw four premieres at the National Theater (The Habit of Art, People, Hymn and Cocktail Sticks), a West End double-bill transfer, and the films of The History Boys and The Lady in the Van. This is an engaging, humane, sharp, funny and unforgettable record of life according to the inimitable Alan Bennett. multi-Award winning author and playwright.	822.914 736pp	NON-FICTION	

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All that Remains	Black, Sue M	A Professor of Anatomy and Forensic Anthropology reveals the many faces of death she has encountered in her work, revealing tragedy and humour. A gripping, but moving read. Shortlisted:CWA Gold Dagger for Non-fiction 2019	363.25 368p	NON-FICTION	
Betty Boothroyd The Autobiography	Boothroyd Betty	She stands for--fair play, an unshakeable sense of honor, and a passionate belief in the sovereignty of Parliament. This is a candid account of Betty Boothroyd's life in politics, which reached its crest when she was appointed the first woman Speaker of the House of Commons.	B BOO 544p	BIOGRAPHY	LP
A Street Cat Named Bob	Bowen, James	The moving, uplifting true story of an unlikely friendship between a man on the streets and the ginger cat that adopts him and helps him heal his life. Made into film, this book inspired many people.	B BOW 279p	BIOGRAPHY	LP
Testament of Youth	Brittain, Vera	One of the most famous autobiographies of the First World War, this is Brittain's account of how she survived the Great War; how she lost the man she loved; how she nursed the wounded and how she emerged into an altered world. A passionate record of a lost generation, it made Vera Brittain one of the best-loved writers of her time.	B BRI 672p	BIOGRAPHY	
The Life and Times of the Thunderbolt Kid	Bryson, Bill	This witty book by the best-selling travel writer, delves into Bryson's past, telling of his youth growing up on 'the right side of town' in Des Moines, Iowa. With his usual contented good humour he nostalgically describes and comments on American life in the 1950s.	910.4092 416p	BIOGRAPHY	CD, LP
A Short History Of Nearly Everything	Bryson, Bill	This inquisitive, much-travelled writer has investigated seven topics, all of enormous interest and significance all the while maintaining a cracking pace and a fairly judicious tone.	500 692p	NON-FICTION	CD
The Road to Little Dribbling	Bryson, Bill	Twenty years ago, Bill Bryson went on a trip around Britain to celebrate the green and kindly island that had become his adopted country. Now he sets out to rediscover the wondrously beautiful, magnificently eccentric, endearingly unique country that he thought he knew but doesn't altogether recognize any more.	914.104861 397p	NON-FICTION	CD, LP
The Body - a Guide for Occupants	Bryson, Bill	Much loved author explores the human body with his particular brand of wit and astonishment. Despite the 500+ pages, this is a galloping read with cleverly defined chapters. Shortlist: Royal Society Science Book Prize,	612 544p	NON-FICTION	CD
Tall Tales and Wee Stories	Connolly, Billy	This collection, brings together the very best of Billy's storytelling for the first time and includes his most famous routines. A charismatic storyteller on stage, this is an inspirational, energetic and funny read from a master storyteller.	828.914	NON-FICTION	LP
The Origin of Species and The Voyage of the Beagle	Darwin, Charles	Darwin's theory is the basis of modern biology and much medical research; it provides a tool with which to understand the natural world; it offers a deeper understanding of our behaviour, about where we came from and where we might be going.	576.82 992p	NON-FICTION	
The Hare with Amber Eyes : a hidden inheritance	De Waal, Edmund	When Edmund de Waal inherited a collection of 264 tiny Japanese netsuke carvings from his Uncle Ignace, he felt prompted to investigate their place in the family history. The Hare With Amber Eyes is the result.	736.6809 354p	NON-FICTION	CD
Everybody Died so I got a Dog	Dean, Emily	When she lost her beloved sister and both parents within three years, Emily decided the only way to heal the past was to get the dog she has always longed for. A humorous, sad and uplifting read.	941.085	NON-FICTION	

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Spilling the Beans	Dickson Wright, Clarissa	Clarissa was born into wealth and privilege. Despite alcoholism and violence in her family, she was determined and clever and became the youngest ever woman to be called to the Bar. With the stark honesty and the brilliant wit we love her for, Clarissa recounts the tale of a life lived to extremes. A vivid and funny story, it is as moving as it is a cracking good read.	B DIC 337p	BIOGRAPHY	CD
The Story of Alice: Lewis Carroll and The Secret History of Wonderland	Douglas-Fairhurst, Robert	Beneath the fairy tale lies the complex history of the author and his subject. Charles Dodgson was a quiet academic but his second self, Lewis Carroll, was a storyteller, innovator and avid collector of 'child-friends'. Carroll's imagination was to give Alice Liddell, his 'dream-child', a fictional alter ego that would never let her grow up. Shortlisted: Costa Biography Award.	823.8 23 497p	NON-FICTION SHORTLIST	
My Family and Other Animals	Durrell, Gerald	Gerald Durrell (1925-1995) devoted his life to writing and the preservation of wildlife, from the Mauritius pink pigeon to the Rodrigues fruit bat. As a 10-year-old boy, Gerry left England for Corfu. His tale of life there with his family and its many eccentric hangers-on are highly entertaining, as is the procession of toads, scorpions, geckos, ladybugs, glow-worms, octopuses, the puppies Widdle and Puke, and the Magpies.	B DUR 400p	BIOGRAPHY	CD,
My life in houses	Forster, Margaret	A nostalgic trawl through seven houses over 70-odd years, exploring what makes a home and the effect where we live has on how we live our lives. It is also a perceptive portrayal of changing domestic life in 20th and 21st-century Britain by a top class novelist. BBC Radio 4 Book of the week.	823.914 272p	NON-FICTION	LP
The A303: Highway to the Sun	Fort, Tom	One of the essential routes to the west Country for thousands of holidaymakers, this potted history, geography and culture of the A303 tells us of the romance of the road and the quirky culture of British life. Charming and nostalgic.	388.109423 368p	NON-FICTION	
Must You Go? My Life With Harold Pinter	Fraser, Antonia	When Antonia Fraser met Harold Pinter she was a celebrated biographer and he was Britain's finest playwright. Both were already married - Pinter to the actress Vivien Merchant and Fraser to the politician Hugh Fraser - but their union seemed inevitable from the moment they met: 'I would have found you somehow', Pinter told Fraser. Their relationship flourished until Pinter's death on Christmas Eve 2008 and was a source of delight and inspiration to them both until the very end. A unique testimony to modern literature's most celebrated and enduring marriage.	B FRA 288p	BIOGRAPHY	CD
Dear Fatty	French, Dawn	Comedy actresses Dawn French has a career that has spanned nearly three decades. Here she describes the journey that would eventually establish her as a perhaps unlikely, but nevertheless genuine, national treasure.	B/FRE 384p	BIOGRAPHY	CD
Norse Mythology	Gaiman, Neil	The great Norse myths are woven into the fabric of our storytelling and have inspired the author's own writing. Gaiman's gods are thoroughly alive on the page - irascible, visceral, playful, passionate - and the tales carry us from the beginning of everything to Ragnarok and the twilight of the gods. Sunday Times and New York times bestseller.	398.209 260 p	NON-FICTION	CD, LP
Eat, Pray, Love	Gilbert, Elizabeth	Elizabeth's account of her quest to 'find herself' following the break-up of her marriage. A witty, honest account of loss and new beginnings.	B GIL 364p	BIOGRAPHY	CD

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Talking to Strangers	Gladwell, Malcolm	Why do we so often get other people wrong? Why is it so hard to detect a lie, read a face or judge a stranger's motives? Read how deceit and fatal errors cast doubt on our strategies for dealing with the unknown. Be drawn into the darker side of human nature, where strangers are never simple and misreading them can have disastrous consequences.	302 400p	NON-FICTION	CD
Note Through The Wire	Gold, Doug	The true story of Josefina Lobnik, a resistance heroine, and Bruce Murray, an imprisoned soldier, as the briefest of meetings leads to love in the midst of war. A story of great bravery, daring escapes, betrayal, torture and retaliation and a love that survived all.	940.5 330p	NON-FICTION	
The Wrong Knickers : a decade of chaos	Gordon, Bryony	Truthful, evocative and hilarious memoir of what it is to be a twenty something girl in Britain in the 1970s. Full of grotty flat-shares and exorbitant rents, personal crises, parties and relentless socialising. A real-life Bridget Jones.	B GOR 320p	BIOGRAPHY	
The Innocent Man	Grisham, John	When two men were arrested in 1987 and found guilty of rape and murder, the prosecution's case was built on junk science and the testimony of jailhouse snitches and convicts. Disturbing account of a miscarriage of justice by established legal thriller writer.	345.76602523 528p	NON-FICTION	CD
Notes on a Nervous Planet	Haig, Matt	The world is messing with our minds. What if there was something we could do about it? Looking at sleep, news, social media, addiction, work and play, Matt Haig invites us to feel calmer, happier and to question the habits of the digital age. Can this book change the way you spend your precious time on earth?	158 320p	NON-FICTION	CD
Just me	Hancock, Sheila	As John would say, "Put your money where your mouth is." Be a depressed widow boring the arse off everyone, or get on with life. Your choice.' Just Me is a book about moving on, but it is also about looking back, and looking anew. In The Two of Us Sheila Hancock relived her life with John Thaw, now she is a woman seizing the future with wit, gusto and curiosity - on her own.	B HAN 288p	BIOGRAPHY	CD, LP
Is It Just Me?	Hart, Miranda	In 'Is it Just Me?', Britain's best loved comedienne, Miranda Hart, laments on the horrors of growing up and offers her younger self some essential advice on grappling with life's unexpected perils and blunders.	B HAR 320p	BIOGRAPHY	LP
Fall Down Seven Times: Get up Eight.	Higashida, Naoki	An illuminating insight into autism from the perspective of a young adult. In concise, engaging pieces, the author shares his thoughts and feelings on a broad menu of topics ranging from school to family relationships, the exhilaration of travel and the difficulties of speech. Aware of how mystifying his behaviour can appear to others, Higashida's aim is to foster a better understanding of autism and his first book 'The Reason I Jump' became an international success.	616.858 273 p	BIOGRAPHY	CD
Unbroken : an extraordinary true story of courage and survival	Hillenbrand, Laura	The true story of a forgotten hero of WWII, superbly told. The book easily captures the horror of air combat, the sickening losses even before combat, the sheer awfulness of the POW camps and the trauma the men faced on returning to 'normal' life.	940.5473 500p	NON-FICTION	CD

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Born Survivors	Holden, Wendy	A heart-stopping account of how three mothers and their newborns fought to survive the Holocaust and how, sixty five years later they met for the first time at Mauthausen for the anniversary of the liberation that ultimately saved them. A life-affirming celebration of our capacity to care and to love amid inconceivable cruelty. Goodreads Choice Awards Best History & Biography.	940.531 405p	NON-FICTION	CD, LP
David Jason: My Life	Jason, David	The long-awaited autobiography of one of Britain's most-loved actors. Born the son of a Billingsgate market porter at the height of the Second World War, David Jason's early life was spent dodging bombs and bullies, both with impish good timing. Giving up on an unloved career as an electrician, he turned his attention to acting	B JAS 392p	BIOGRAPHY	
Please, Mister Postman	Johnson, Alan	Please, Mister Postman is the second volume of the former Home Secretary's award winning autobiography and paints a vivid picture of England in the 1970s, where no celebration was complete without a Party Seven of Watney's Red Barrel, smoking was the norm, and Sunday lunchtime was about beer, bingo and cribbage.	B JOH 336p	BIOGRAPHY	CD
This Boy	Johnson, Alan	Alan Johnson's childhood was not so much difficult as unusual, particularly for a man who was destined to become Home Secretary. This Boy is one man's story, but it is also a story of England and the West London slums which are so hard to imagine in the capital today. No matter how harsh the details, Alan Johnson writes with a spirit of generous acceptance, of humour and openness which makes his book anything but a grim catalogue of miseries.	B JOH 304p	BIOGRAPHY	CD
When Breath Becomes Air	Kalanithi, Paul	A young neurosurgeon diagnosed with inoperable lung cancer working in the most critical place for human identity, the brain. What is it like to do that every day; and what happens when life is catastrophically interrupted? An unforgettable reflection on the practice of medicine and the relationship between doctor and patient. New York Times number one bestseller, Sunday Times number one bestseller, Shortlisted: Wellcome Book Prize 2017.	617.48 256p	NON-FICTION SHORTLIST	LP
This is going to hurt	Kay, Adam	Welcome to the life of a junior doctor: 97-hour weeks, life and death decisions, a constant tsunami of bodily fluids, and the hospital parking meter earns more than you. Adam Kay's This is Going to Hurt provides a no-holds-barred account of his time on the NHS front line. Hilarious, horrifying and heartbreaking. Book of the Year, National Book Awards.	610.92 256p	NON-FICTION	CD,LP
The Swordfish and the Star	Knight, Gavin	Cornwall and its seas are brought to life, mixing drinking and drugs and sea spray, moonlit beaches and shattering storms, myth and urban myth. Based on immersive research and rich with the voices of a cast of remarkable characters, this is an eye-opening, dramatic, poignant account of life on Britain's most dangerous stretch of coast.	942.37 256p	NON-FICTION	LP
Nella Last's Ware	Last, Nella	The Second World War Diaries of 'Housewife, 49'. In September 1939, housewife and mother Nella Last began a diary for the "Mass Observation" project, whose entries have created a record of the Second World War which is powerful, fascinating and unique.	B LAS 320p	BIOGRAPHY	CD,

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The Stopping Places	Le Bas, Damian	In a bid to better understand his heritage, Damian sets out on a journey to discover the stopping places – the old encampment sites known only to Travellers. Through winter frosts and summer dawns, from horse fairs to Gypsy churches, Damian lives on the road, somewhere between the romanticised Gypsies of old, and their much-maligned descendants of today.	941.0049 320p	NON-FICTION	
Cider With Rosie	Lee, Laurie	The core of the story is the life of Laurie's large and boisterous family, living in cheerful poverty in their Cotswold cottage, and above all his mercurial, warm-hearted mother. Rosie really did exist. Indeed, she outlived Laurie, and was interviewed by BBC Radio in 2004.	B LEE 232p	BIOGRAPHY	CD, LP
The Outrun	Liptrot, Amy	At the age of thirty, Amy Liptrot finds herself washed up back home on Orkney. Standing unstable on the island, she tries to come to terms with the addiction that has swallowed the last decade of her life. As she spends her mornings swimming in the bracingly cold sea, her days tracking Orkney's wildlife, and her nights searching the sky for the Merry Dancers, Amy discovers how the wild can restore life and renew hope. Winner: 2017 Pen Ackerley Prize, 2016 Wainwright Prize. Shortlisted: 2017 Ondaatje Prize, 2016 Wellcome Prize.	B LIP 304p	NON-FICTION WINNER	CD
The Mistresses of Cliveden: Three Centuries of Scandal, Power and Intrigue in an English Stately Home	Livingstone, Natalie	An addictive history of the period and an intimate exploration of the timeless relationships between people and place, The Mistresses of Cliveden is a story of sex, power and politics, and the ways in which five exceptional women defy the expectations of their time. Sunday Times Bestseller.	942.0099 608p	NON_FICTION	CD
H is for Hawk	MacDonald, Helen	Deeply moving account of the author's attempts to deal with a sudden bereavement, by training a young goshawk. Beautifully juxtaposed with the story of T. H. White, who, in addition to writing The Sword in the Stone also wrote a book about his own early attempts to train a goshawk in the early 1930s. Winner: Costa Book of the Year, Samuel Johnson Prize for Non-Fiction.	598.944 320p	NON-FICTION	CD, LP
The Old Ways: A journey on Foot	Macfarlane, Robert	Following the tracks, holloways, drove-roads and sea paths that form part of a vast ancient network of routes criss-crossing the British Isles and beyond, Robert Macfarlane discovers a lost world - a landscape of the feet and the mind, of pilgrimage and ritual, of stories and ghosts; above all of the places and journeys which inspire and inhabit our imaginations. Shortlisted: Samuel Johnson Prize 2012, Sunday Times Bestseller.	910.409 448p	NON-FICTION SHORTLIST	
Landmarks	Macfarlane, Robert	Words are grained into our landscapes, and landscapes are grained into our words. Landmarks is about the power of language to shape our sense of place. It is a lyrical and poetic field guide to the literature of nature, travelling from Cumbria to the Cairngorms, and exploring the landscapes of Roger Deakin, J. A. Baker, Nan Shepherd and others, Robert Macfarlane shows that language, well used, is a keen way of knowing landscape, and a vital means of coming to love it. Shortlisted: Samuel Johnson prize, Wainwright Prize.	914.41 400p	NON-FICTION SHORTLIST	
Underland : a deep time journey	Macfarlane, Robert	A haunting exploration of the world beneath our feet as the prizewinning author takes us on a journey exploring what's beneath, from Bronze age burial chambers and the depths of glaciers, to the underground communications of trees. Winner: Wainwright Prize, Stanford Dolman Travel Book of the Year. Shortlisted RSL Ondaatje Prize	304.2		CD

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Operation Mincemeat	Macintyre, Ben	One April morning in 1943, a sardine fisherman spotted the corpse of a British soldier floating in the sea off the coast of Spain and set in train a course of events that would change the course of the Second World War.	940.548641 432p	NON-FICTION	CD, LP
Packing My Library	Manguel, Alberto	A best-selling author and world-renowned bibliophile meditates on his vast personal library and champions the vital role of all libraries. In this poignant and personal reevaluation of his life as a reader, as he packs his huge library in order to move, Manguel finds himself in deep reverie on the nature of relationships between books and readers, books and collectors, order and disorder, memory and reading. BBC Radio Four Book of The Week..	028.9 166p	NON-FICTION	
With the End in Mind	Mannix, Kathryn	Stories of normal humans, dying normal human deaths show how the dying embrace living not because they are unusual or brave, but because that's what humans do. This book answers the most intimate questions about the process of dying with touching honesty and humanity. By turns touching, tragic, at times funny and always wise, they offer us illumination, models for action, and hope. Shortlisted: Wellcome Book Prize	306.9 352p	NON-FICTION	CD
Do No Harm : stories of life, death and brain surgery	Marsh, Henry	An unforgettable insight into the highs and lows of a life dedicated to operating on the human brain, in all its exquisite complexity. How does it feel to cut through thought, feeling and reason? How do you live with the consequences when it all goes wrong? Winner: South Bank Award for Literature. Shortlisted: Costa Biography Award; Duff Cooper Prize; Wellcome Book Prize; Guardian First Book Award; Slightly Foxed Best First Biography Prize; and PEN Ackerley Prize.	617.481092 288p	NON-FICTION WINNER	CD
The Return: Fathers, Sons And The Land In Between	Matar, Hisham	Hisham Matar was nineteen when his father was kidnapped and taken to prison in Libya. He would never see him again. Twenty-two years later, the fall of Gaddafi meant he was finally able to return to his homeland. In this moving memoir, the author takes us on an illuminating journey, both physical and psychological; to find his father and rediscover his country. An exquisite meditation on how history and politics can bear down on an individual life. Winner: Pulitzer Prize for Biography, Rathbones Folio Prize, Slightly Foxed Best Biography. Shortlisted: Baillie Gifford Prize, Costa Biography, National Book Critics Award.	823.92 304p	NON-FICTION WINNER	
Landmarks	McFarlane, Robert	Words are grained into our landscapes, and landscapes are grained into our words. Landmarks is about the power of language to shape our sense of place. It is a lyrical and poetic field guide to the literature of nature, travelling from Cumbria to the Cairngorms, and exploring the landscapes of Roger Deakin, J. A. Baker, Nan Shepherd and others, Robert Macfarlane shows that language, well used, is a keen way of knowing landscape, and a vital means of coming to love it. Shortlisted: Samuel Johnson prize, Wainwright Prize.	914.41 400p	NON-FICTION SHORTLIST	

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The Romanovs : 1613-1918	Montefiore, Simon Sebag,	How did one family turn a war-ruined principality into the world's greatest empire? And how did they lose it all? This is the intimate story of twenty tsars and tsarinas, some touched by genius, some by madness, but all inspired by holy autocracy and imperial ambition. Montefiore's gripping chronicle reveals their secret world of unlimited power and ruthless empire-building, overshadowed by palace conspiracy, family rivalries, sexual decadence and wild extravagance, and peopled by a cast of adventurers, courtesans, revolutionaries and poets.	947.0 736p	NON-FCTION	
How To Be a Woman	Moran, Caitlin	Part memoir, part rant, 'How To Be A Woman' follows Caitlin Moran from her terrible 13th birthday, through adolescence, the workplace, strip-clubs, love, fat, abortion, TopShop, motherhood and beyond. Winner: Galaxy Book Awards Book of the Year.	305.42 320p	NON FICTION WINNER	CD, LP
Three Cups of Tea : one man's extraordinary journey to promote peace - one school at a time	Mortenson, Greg	In 1993, after a terrifying and disastrous attempt to climb K2, a mountaineer called Greg Mortenson drifted into an impoverished Pakistan village in the Karakoram Mountains. Moved by the inhabitants' kindness, he promised to return and build a school.	371.8234 386p	NON-FICTION	LP
The Underground Girls of Kabul : the hidden lives of Afghan girls disguised as boys	Nordberg, Jenny	Uncovers the hidden true story of the age-old tradition of 'Bacha Posh' - prepubescent girls masquerading as boys - in a society that does not value females. This hopeful yet heart-breaking account offers a dazzling picture of Afghan life, where girls enjoying the rough and tumble and freedom of being a boy, are transformed back into being and behaving as a demure girl on puberty.	305.420958 368p	NON-FICTION	
Becoming	Obama, Barack	Lyrical, unsentimental, and compelling memoir as the son of a black African father and a white American mother searches for a workable meaning to his life as a black American.	B OBA 464p	BIOGRAPHY	CD
Dreams from my Father	Obama, Michelle	In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her. Warm, wise, and revelatory, Becoming is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations - and whose story inspires us to do the same.	B OBA 448p	BIOGRAPHY	CD
I am, I am , I am : seventeen brushes with death	O'Farrell, Maggie	A childhood illness she was not expected to survive. A teenage yearning to escape that nearly ended in disaster. A terrifying encounter on a remote path. A mismanaged labour in an understaffed hospital. Shocking, electric, unforgettable, this is the extraordinary memoir from Costa Novel-Award winner and Sunday Times bestselling author Maggie O'Farrell. Shortlisted: Pen Ackerley Prize.	B OFA 304p	BIOGRAPHY	CD, LP
Motherwell	Orr, Deborah	When Deborah Orr left home for university she hoped to break free from her family but when the core relationship in your life compromises every effort you make to become an individual, a long shadow can be cast. A sharp, candid and often humorous memoir about what we inherit and how it can lead to redemption.	070.92 304p	NON-FICTION	

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Fingers in the Sparkle Jar : a memoir	Packham, Chris	An introverted, unusual young boy, isolated by his obsessions and a loner at school, Chris Packham only felt at ease in the fields and woods around his suburban home. But when he stole a young Kestrel from its nest, he was about to embark on a friendship that would teach him what it meant to love, and that would change him forever. The memoir that inspired Chris Packham's BBC documentary, Asperger's and Me.	B PAC 334p	BIOGRAPHY	CD
Himalaya	Palin, Michael	The Himalayas Michael explores is a fascinating, beautiful, awe-inspiring landscape and the scene of long-standing military flashpoints and cross border rivalry. Insightful, a great study of human nature, laced with his wry and accepting humour, the book is an extraordinary observation of his surroundings.	915.496 288p	NON-FICTION	CD
Landskipping: Painters, Ploughmen and Places	Pavord, Anna	Local Author. A ravishing celebration of landscape, its iridescent beauty and its potential to comfort, awe and mesmerise. Landskipping explores the different ways in which we have, throughout the ages, responded to the land, from artists to tourists. Moving from the rolling hills of Dorset to the peaks of the Scottish Highlands, this is an exquisite and compelling book, written with zest, passion and deep understanding.	304.209 272pp	NON-FICTION	
The Man who made things out of trees	Penn, Robert	Robert Penn cut down an ash tree to see how many things could be made from it. Journeying from Wales across Europe and Ireland to the USA, he finds the ancient skills and knowledge are far from dead. His writing is a poetic tribute to the beauty and usefulness of the ash tree and a homage to vanishing skills.	684.08 231p	NON-FICTION	
In The Heart Of The Sea: The Epic True Story That Inspired Moby Dick	Philbrick, Nathaniel	When the whaleship Essex set sail from Nantucket in 1819, the unthinkable happened. Essex was rammed and sunk by an enraged sperm whale, and her twenty crewmen were forced to take to the open sea in three small boats. Ninety days later only a handful of survivors were rescued - and a terrifying story of desperation, cannibalism and courage was revealed. One of the greatest sea yarns ever spun, this is the fictionalised account of the extraordinary events that inspired Herman Melville's masterpiece 'Moby-Dick'.	910.916 336p	NON-FICTION	CD
	Preston, John	It's the late 1960s and homosexuality has only just been legalised, and Jeremy Thorpe, the leader of the Liberal party, has a secret he's desperate to hide. As long as Norman Scott, his beautiful, unstable lover is around, Thorpe's brilliant career is at risk. With the help of his fellow politicians, Thorpe schemes, deceives, embezzles and plans to silence Scott for good. Now a major TV series.	941.085 339p	NON-FICTION	
The Shepherd's Life : a tale of the Lake District	Rebank, James	The first son of a shepherd, who was the first son of a shepherd, he and his family have lived and worked in and around the Lake District for generations. Their way of life is ordered by the seasons and the work they demand, and has been for hundreds of years. A rare and honest book about the realities of rural working life . Shortlisted: Wainwright Prize, Ondaatje Prize.	636.301 307p	NON-FICTION SHORTLIST	CD, LP
The Psychopath Test	Ronson, Jon	Combining Jon's trademark humour, charm and investigative incision, The Psychopath Test is both entertaining and honest, unearthing dangerous truths and asking serious questions about how we define normality in a world where we are increasingly judged by our maddest edges.	616.89 304p	NON-FICTION	CD

Non-Fiction

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Bad Blood	Sage, Lorna	This is one of those memoirs of a difficult, sometimes violent girlhood, that makes riveting reading. She grew up with an absent father, a quiet and docile mother, and--the two most powerful figures of her formative years--a pair of ferocious, tyrannical, impossible grandparents.	B SAG 290p	BIOGRAPHY	CD,
The Secret Barrister : stories of the law and how it's broken	Secret Barrister	Both a searing first-hand account of the human cost of the criminal justice system, and a guide to how we got into this mess, The Secret Barrister wants to show you what it's really like and why it really matters. It's eye-opening, damning and hilarious in equal measure. Sunday Times Bestseller.	364.941 320p	NON-FICTION	CD
Unnatural Causes	Shepherd, Richard	Forensic pathologist, Dr Richard Shepherd solves the mysteries of unexplained or sudden death. This thoughtful and revealing book tells the story of not only the cases and bodies that have haunted him the most, but also how to live a life steeped in death.	614.109 464p	NON-FICTION	LP
Days From a Different World	Simpson, John	In this new volume of memoirs, John Simpson turns his sights on his own childhood in Britain during the 1940s and 1950s and tells the strange and moving story of his family and his early years in a south London suburb.	B SIM 412p	BIOGRAPHY	LP
The Killer of Little Shepherds: the case of the French Ripper and the birth of forensic science	Starr, Douglas	At the end of the nineteenth century, serial murderer Joseph Vacher terrorized the French countryside. With high drama and stunning detail, Douglas Starr recounts the infamous crime and punishment of Vacher, interweaving the story of how forensics developed as we know it. The groundbreaking forensic investigation ranks among the greatest of all time. An important contribution to the history of medicine and criminal justice, impressively researched and thrillingly told.	B VAC 320p	NON-FICTION	
Driving Over Lemons : an optimist in Andaluca	Stewart, Chris	Chris Stewart's account of the second year living in the foothills of the Sierra Nevada. Stewart soon discovers all the hidden foibles of his bargain purchase, and spends the year installing the little luxuries of life, aided by his straight-talking and relentlessly un sentimental wife Ada.	946.8 308p	NON-FICTION	CD, LP
Love, Nina : despatches from family life	Stibbe, Nina	A collection of the letters she wrote home when Nina, aged 20 and completely undomesticated, went to work as a nanny in London in 1982. The book comically describes her 'domestic' life, the unpredictable houseguests and the cat everyone loved to hate. Winner: National Book Award.	B STI 352p	BIOGRAPHY	
Auntie's War: the BBC during the Second World War	Stourton, Edward	The BBC's wartime journey, via archives, diaries, letters and memoirs which examine what the BBC was and what it stood for. Full of astonishing, little-known incidents and with a cast of brilliant characters, Auntie's War is a portrait of a beloved institution at a critical time and a unique portrayal of the British in wartime. BBC Radio Four book of the week.	070.194 432p	NON-FICTION	CD
Wild : a journey from lost to found	Strayed, Cheryl	At twenty-six, Cheryl Strayed thought she had lost everything. In the wake of her mother's rapid death from cancer, her family disbanded and her marriage crumbled. With nothing to lose, she made the most impulsive decision of her life: to walk eleven-hundred miles of the west coast of America and to do it alone.	917.9 336p	NON-FICTION	CD

Non-Fiction

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Mrs Robinson's Disgrace : the private diary of a Victorian lady	Summerscale, Kate	In one of the most notorious divorce cases of the nineteenth century, Isabella Robinson's scandalous secrets were exposed to the world. The book brings vividly to life a frustrated Victorian wife's longing for passion and learning, companionship and love, in a society clinging to rigid ideas about marriage and female sexuality.	B ROB 320p	BIOGRAPHY	CD, LP
Thomas Hardy: the time-torn man	Tomalin, Claire	This biography covers Hardy's illegitimate birth, his rural upbringing, his escape to London in the 1860s, his marriages, his status as a bestselling novelist, and in later life, his supreme achievements as a poet.	B HAR 482p	NON-FICTION	CD, LP
Wilding: the return of nature to a British farm	Tree, Isabella	In Wilding, Isabella Tree tells the story of the 'Knepp experiment', a pioneering rewilding project in West Sussex, using free-roaming grazing animals to create new habitats for wildlife. Part gripping memoir, part fascinating account of the ecology of our countryside, Wilding is, above all, an inspiring story of hope. Sunday Times Book of the Year.	639.909 384p	NON-FICTION	CD
The Cut Out Girl: a story of war and family, lost and found	Van Es, Bart	Little Lien was given away by her Jewish parents, hidden and raised by a foster family. She survived the war only to find that her real parents had not. Much later, she fell out with her foster family, and Bart van Es set about tracing Lien and telling her story. Winner: Costa Book of the Year, Slightly Foxed best First Biography	B VAN 288p	BIOGRAPHY	
That's Another Story	Walters, Julie	Julie Walters has been described as the nation's most popular actress and comedienne. She has been delighting us on screen and on stage for over 25 years and we have taken her to our hearts. Now she tells us her own story, in her own words.	B WAL 336p	BIOGRAPHY	CD, LP
Educated	Westover, Tara	Tara Westover and her family grew up preparing for the End of Days. She had no school records, and no medical records because her father didn't believe in hospitals. At sixteen, Tara knew she had to leave home. In doing so she discovered both the transformative power of education, and the price she had to pay for it. Shortlisted BAMB Readers Awards,	B WES 400p	BIOGRAPHY	CD, LP
Strictly Ann	Widdecombe, Ann	The autobiography of the former politician and Strictly Come Dancing competitor Ann Widdecombe. The book captures the intensity of emotions and the relentlessness of intrigue at Westminster for a minister determined to hold on to her integrity under what feels to her like pressure from all sides. It is a vivid portrayal of a world she clearly loves.	B WID 288p	BIOGRAPHY	CD, LP
Climbing the Bookshelves	Williams, Shirley	Shirley Williams was born to politics. As well as being influenced by her mother, Vera Brittain, her father George Caitlin, a leading political scientist, encouraged his daughter to have high ambitions for herself. This is an autobiography of her life.	B WIL 432p	BIOGRAPHY	LP
The Salt Path	Winn, Raynor	Just days after Raynor learns that Moth, her husband, is terminally ill, they lose both home and livelihood. With nothing left and little time, they make the brave and impulsive decision to walk the 630 miles of the sea-swept South West Coast Path. This is an honest and life-affirming story of coming to terms with grief and the healing power of the natural world as their their walk becomes a remarkable journey. Shortlisted: Costa Biography Award, Wainwright Golden Beer Book Prize.	B WIN 280p	BIOGRAPHY	

Non-Fiction

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Walking the Nile	Wood, Levison	A detailed, thoughtful, inspiring and dramatic book, recounting Levison Wood's walk the length of the Nile. Exploration and Africa are two of his great passions - they drive him on and motivate his inquisitiveness and resolution not to fail, yet the challenges of the terrain, the climate, the animals, the people and his own psychological resolution will throw at him are immense.	916.2 352p	NON-FICTION	LP
The Invention of Nature: The Adventures of Alexander Von Humboldt, The Lost Hero of Science	Wulf, Andrea	Humbolt is the great lost scientist: more things are named after him than anyone else. His colourful adventures read like something out of a Boy's Own story and he predicted human-induced climate change as early as 1800. Voyage in his footsteps and trace his ideas as they shape science today. Winner: costa Biography Award.	B HUM 496p	NON-FICTION WINNER	