TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Woman like me	Abbott, Diane	From a bright, restless child of the Windrush generation to Britain's first Black female MP, Diane Abbott's journey is extraordinary. *A Woman Like Me* traces her life from 1960s North London with Jamaican parents to Cambridge University and the House of Commons. A fearless advocate for equality, education, refugees, and justice, Diane has faced relentless hostility and abuse while standing firm on her convictions. Her story is one of resilience, courage, and groundbreaking achievement in British public life.	B ABB	BIOGRAPHY	N/A
The Zookeepers Wife	Ackerman, Diane	The remarkable true story of bravery and sanctuary during WWII when Warsaw zookeepers Jan and Antonina Zabinski fight to save not just the remaining animals, but also Jews they hide in the cages. The Zookeeper's Wife is a remarkable true story of decency and sacrifice triumphing over terror and oppression.	940.531835 368p	NON-FICTION	CD, LP
Kindness Of Strangers : The Autobiography	Adie, Kate	Raised in post-war Sunderland, Kate has reported memorably from many of the world's trouble spots since she joined the BBC in 1969. The book offers a compelling combination of vivid frontline reporting and evocative writing and reveals the extraordinarily demanding life of the woman who is always at the heart of the action.	B ADI 438p	BIOGRAPHY	CD, LP
Tuesdays With Morrie: An old man, a young man, and life's greatest lesson.	Albom, Mitch	Who inspired you? For Mitch Albom, that person was Morrie Schwartz, his college professor from nearly twenty years ago. He rediscovered Morrie in the last months of the older man's life and visited Morrie in his study every Tuesday, just as they used to back in college. Their rekindled relationship turned into one final 'class': lessons in how to live. New York Times Bestseller.	973.92 210p	NON-FICTION	LP
Have a Little Faith	Albom, Mitch,	Will you do my eulogy? With those words, Mitch Albom begins a journey to honour the last request of a beloved clergyman. Slowly he explores the "us" versus "them" of religion until he gravitates to an inner-city pastor of a crumbling church that houses the homeless, and is stunned at how similar belief can be. As his own beloved cleric slowly lets go, Albom writes his final farewell, having learned that a faithful heart comes in many forms and places. Best book 2009 Oprah.	297.6 267p	NON-FICTION	LP
Everything I Know about Love	Alderton, Dolly	A funny and poignant book about growing up, growing older and looking for love. Journalist and former Sunday Times dating columnist vividly recounts falling in love, wrestling with relationships, navigating life's disasters and discovering that your friends are there for you every step of the way. Sunday Times Bestseller and a BBC TV series.	306.709 359p	NON-FICTION	CD
Walking Away: Further travels with a troubadour on the South West Coast Path.	Armitage, Simon	Simon Armitage tackles the coastal fringes of Britain's south west, once again giving readings every night, but this time through Somerset, Devon and Cornwall, taking poetry into distant communities and tourist hot-spots, busking his way from start to finsh with all the poetic reflection and personal wit we've come to expect.	914.2 288p	NON-FICTION	LP
Station to Station: People, places and stories on the Great Western line	Atllee, James	The chronicle of a railway journey like no other – part personal odyssey, part history, part architectural guide, part reflection on the nature of travel, part investigation of the national psyche. If it can be categorised at all, here is Paul Theroux crossed with Bradshaw and Betjeman, spiced with a twist of Alain de Botton.	385.094 239p	NON-FICTION	N/A
A Life on Our Planet	Attenborough, David	I am 94. I've had an extraordinary life. It's only now that I appreciate how extraordinary. A Life on Our Planet is my witness statement, and vision for the future. We have one final chance to create the perfect home for ourselves and restore the wonderful world we inherited.	333.72 228p	NON-FICTION	N/A
The View from here: Life at Seventy	Bakewell, Joan	This is Joan's discerning and heart-warming account of life at 70 and beyond. A household name and a popular radio and TV broadcaster, she is the ideal ambassador for challenging what being 70 can mean for women today. All of life, including the taboos of old age, are here - work, family, love, sex, body and death - written about with humour, warmth, and her characteristic verve and intelligence.	B BAK 258p	BIOGRAPHY	LP
My Animals and Other Family	Balding, Claire	The autobiography of life in a rather unusual household, shared with thoroughbred racehorses, and an ever-present pack of boxers and lurchers. As a toddler she would happily ride the legendary Mill Reef and take breakfast with the Queen. Left to their own devices, she and her siblings had to learn life's toughest lessons through the animals, and through their adventures in the stables and the idyllic Hampshire Downs.	B BAL 272p	BIOGRAPHY	CD, LP

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
House Arrest: pandemic diaries	Bennett, Alan	A year in and out of lockdown as experienced by Alan Bennett. The diary takes us from the filming of Talking Heads to thoughts on Boris Johnson, from his father's short-lived craze for family fishing trips, to stair lifts, junk shops of old, having a haircut and encounters on the local park bench. A lyrical afterword describes the journey home to Yorkshire from King's Cross station via fish and chips on Quebec Street, past childhood landmarks of Leeds, through Coniston Cold, over the infant River Aire, and on.	822.914 64p	NON-FICTION	N/A
Keeping on Keeping on	Bennett, Alan	Alan Bennett's third collection of prose contains excerpts from the diaries 2005 to 2015, reflecting on a decade that saw four premieres at the National Theater (The Habit of Art, People, Hymn and Cocktail Sticks), a West End double-bill transfer, and the films of The History Boys and The Lady in the Van. This is an engaging, humane, sharp, funny and unforgettable record of life according to the inimitable Alan Bennett. multi-Award winning author and playwright.	822.914 736p	NON-FICTION	N/A
Unspeakable	Bercow, John	A no-holds-barred memoir from the retired Speaker of the House of Commons, charting his own extraordinary journey to a ringside seat and giving verdicts on many famous figures in government over the decades. Sunday Times Bestseller.	B BER 464p	BIOGRAPHY	N/A
All that Remains	Black, Sue M	A Professor of Anatomy and Forensic Anthropology reveals the many faces of death she has encountered in her work, revealing tragedy and humour. A griping, but moving read. Shortlisted:CWA Gold Dagger for Non-FICTION 2019.	363.25 368p	NON-FICTION	N/A
Just Sayin'	Blackman, Malorie	Malorie Blackman OBE is one of Britain's best loved and most widely-read writers. She is also a writer whose own life has been shaped by books. This book is an account of that journey, from a childhood surrounded by words, to the 83 rejection letters she received in response to sending out her first project, to the children's laureateship. It explores the books who have made her who she is. The extraordinary life story of one of the world's greatest writers.	B BLA 275p	BIOGRAPHY	N/A
Betty Boothroyd The Autobiography	Boothroyd Betty	She stands for fair play, an unshakeable sense of honor, and a passionate belief in the sovereignty of Parliament. This is a candid account of Betty Boothroyd's life in politics, which reached its crest when she was appointed the first woman Speaker of the House of Commons.	B BOO 544p	BIOGRAPHY	N/A
A Street Cat Named Bob	Bowen, James	The moving, uplifting true story of an unlikely friendship between a man on the streets and the ginger cat that adopts him and helps him heal his life. Made into film, this book inspired many people.	B BOW 279p	BIOGRAPHY	LP
Testament of Youth	Brittain, Vera	One of the most famous autobiographies of the First World War, this is Brittain's account of how she survived the Great War; how she lost the man she loved; how she nursed the wounded and how she emerged into an altered world. A passionate record of a lost generation, it made Vera Brittain one of the best-loved writers of her time.	B BRI 672p	BIOGRAPHY	N/A
Abroad in Japan	Broad, Chris	When Englishman Chris Broad landed in a rural village in northern Japan he wondered if he'd made a huge mistake. With no knowledge of the language and zero teaching experience, was he about to be the most quickly fired English teacher in Japan's history? Packed with hilarious and fascinating stories, this book seeks out to unravel one the world's most complex cultures. Abroad in Japan is an extraordinary and informative journey through the Land of the Rising Sun.	B BRO 320p	NON-FICTION	N/A
The Body - a Guide for Occupants	Bryson, Bill	Much loved author explores the human body with his particular brand of wit and astonishment. Despite the 500+ pages, this is a galloping read with cleverly defined chapters. Shortlist: Royal Society Science Book Prize,	612 544p	NON-FICTION	CD
All the Young Men	Burks, Ruth Coker	A gripping and triumphant tale of human compassion, is the true story of Ruth Coker Burks, a young single mother in Hot Springs, Arkansas, who finds herself driven to the forefront of the AIDS crisis, and becoming a pivotal activist in America's fight against AIDS. Extraordinary life of Ruth Coker Burks and the beloved men who fought valiantly for their lives with AIDS during a most hostile and misinformed time in America.	B BUR 355p	BIOGRAPHY	N/A

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Hardy Women	Byrne, Paula	Thomas Hardy, one of Britain's most celebrated authors, created unforgettable female characters, yet his real-life relationships with women were fraught. In *Hardy Women* , acclaimed biographer Paula Byrne offers a bold new perspective, telling Hardy's story through the women who shaped him: his mother, sisters, lovers, wives, and muses. From shocking obsessions to tender heartbreak, Byrne reveals the passions and struggles behind Hardy's imagination, alongside vivid glimpses of nineteenth-century working women's lives. This compelling biography shows how the hardships and resilience of these women inspired Hardy's magnificent fictional heroines, and why understanding them is key to unlocking the heart of this great novelist.	823.8 656p	NON-FICTION	N/A
Diddly Squat - a year on the farm	Clarkson, Jeremy	Welcome to Jeremy's Farm – a slice of Cotswold paradise with rolling hills, woodlands, and natural springs. After years of racing cars, Jeremy thought farming would be easy. Spoiler: it wasn't. Red tape, wild weather, local objections, and his own cluelessness made every day a challenge. Luckily, he's got a spirited team - Lisa, Kaleb, Charlie, Ellen, and Gerald, helping to grow crops, rear livestock, keep bees, and run a farm shop. Profits? Slim. Lessons? Priceless. Diddly Squat may not make millions, but for Jeremy, it's worth far more than money.	828.920 207p	NON-FICTION	N/A
Tall Tales and Wee Stories	Connolly, Billy	This collection brings together the very best of Billy's storytelling for the first time and includes his most famous routines. A charismatic storyteller on stage, this is an inspirational, energetic and funny read from a master storyteller.	828.914	NON-FICTION	LP
Windswept and Interesting	Connolly, Billy	Born in a tenement flat in Glasgow in 1942, orphaned by the age of 4, and a survivor of appalling abuse at the hands of his own family, Billy's life is a remarkable story of success against all the odds. This is Billy's story in his own words. It is joyfully funny - stuffed full of hard-earned wisdom as well as countless digressions on fishing, farting and the joys of dancing naked. It is an unforgettable, life-affirming story of a true comedy legend.	B CON 400p	BIOGRAPHY	LP
Raising Hare	Dalton, Chloe	Raising Hare is a captivating story of freedom, trust, and our bond with nature, told through Chloe Dalton's extraordinary friendship with a wild hare. What begins as a rescue during lockdown becomes an unforgettable journey - sharing her home with a creature that roams the fields yet returns to her side. This memoir blends personal experience with rich insights into the folklore and mystery of hares, offering a heartfelt exploration of love, loss, and the beauty of letting go. Perfect for readers who cherish nature, resilience, and unexpected connections.	591.5 313p	NON-FICTION	CD
Just Ignore Him	Davies, Alan	Comedian and actor Alan Davies recalls his boyhood with vivid insight and devastating humour. A compelling look at his 1970s upbringing and his life today, Davies moves poignantly from innocence to experience with the clarity of hindsight, always with a keen sense of the absurd. BBC Two Book Club pick.	B DAV 272pp	BIOGRAPHY	N/A
The Hare with Amber Eyes : a hidden inheritance	De Waal, Edmund	When Edmund de Waal inherited a collection of 264 tiny Japanese netsuke carvings from his Uncle Ignace, he felt prompted to investigate their place in the family history. The Hare With Amber Eyes is the result.	736.6809 354p	NON-FICTION	CD, LP
Without Warning and Only Sometimes	De Waal, Kit	Kit de Waal grew up in a household of opposites and extremes. Her haphazard mother rarely cooked, forbade Christmas and birthdays, worked as a cleaner, nurse and childminder sometimes all at once and believed the world would end in 1975. Meanwhile, her father stuffed barrels full of goodies for his relatives in the Caribbean, cooked elaborate meals on a whim and splurged money they didn't have . Both of her parents were waiting for paradise. It never came. . This is a story of an extraordinary childhood, how a girl who grew up in house where the Bible was the only book on offer went on to discover a love of reading that inspires her to this day.	B DEW 289p	BIOGRAPHY	N/A
Everybody Died so I got a Dog	Dean, Emily	When she lost her beloved sister and both parents withing three years, Emily decided th eonly way to heal the past was to get the dog she has always longed for. A humorous, sad and uplifting read.	941.085	NON-FICTION	N/A
Shakespeare: the man who pays the rent	Dench, Judi	For the very first time, Judi Dench opens up about every Shakespearean role she has played in her seven-decade career, from Lady Macbeth and Titania to Ophelia and Cleopatra. Here, she reveals her behind the scenes secrets; inviting us to share in her triumphs, disasters, and backstage shenanigans, all brightened by her mischievous sense of humour and striking honesty. This is Judi's love letter to William Shakespeare - the man who pays the rent.	B DEN 400p	NON-FICTION	N/A

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Spilling the Beans	Dickson Wright, Clarissa	Clarissa was born into wealth and privilege. Despite alcoholism and violence in her family, she was determined and clever and became the youngest ever woman to be called to the Bar. With the stark honesty and the brilliant wit we love her for, Clarissa recounts the tale of a life lived to extremes. A vivid and funny story, it is as moving as it is a cracking good read.	B DIC 337p	BIOGRAPHY	CD, LP
The Story of Alice: Lewis Carroll and The Secret History of Wonderland	Douglas-Fairhurst, Robert	Beneath the fairy tale lies the complex history of the author and his subject. Charles Dodgson was a quiet academic but his second self, Lewis Carroll, was a storyteller, innovator and avid collector of 'child-friends'. Carroll's imagination was to give Alice Liddell, his 'dream-child', a FICTIONal alter ego that would never let her grow up. Shortlisted: Costa Biography Award.	497p 823.8 23	NON-FICTION	N/A
Berserker!	Edmondson, Adrian	Ade Edmondson smashed onto the comedy circuit in the 1980s, stormed The Comedy Store and, alongside Rik Mayall, brought anarchy to stage and screen. How did a child brought up in a strict Methodist household - and who spent his formative years incarcerated in repressive boarding schools - end up joining the revolution? Well, he is part Norse. Could it be his berserker heritage? With wisdom, nostalgia and uniquely observed humour, Ade traces his journey through life and comedy: starting out on the alternative scene, getting arrested in Soho, creating his outrageously violent characters and learning more about his curious heritage	B EDM 403p	NON-FICTION	CD; LP
My Family and Other Superheroes	Edwards, Jonathan	"We haven't had as much fun reading a poetry collection in ages." said The Costa Judges. From the Welsh Valleys to Evel Knievel, Sophia Loren, a bicycling nun and other astonishing characters, these poems recognize the exotic in everyday life. Winner of the 2014 Costa Poetry Award.	821.92 72p	NON-FICTION PRIZE WINNER	N/A
Maurice and Maralyn	Elmhirst, Sophie	Bored of 1970s suburban life, Maurice and Maralyn plan their escape: sell the house, build a boat, set sail for New Zealand. Then, halfway around the world, their beloved boat is struck by a whale and the pair are cast adrift in the middle of the Pacific Ocean. Alone on a tiny raft, their love is put to the test. This is a book about human connection and the human condition; about how we survive – not just at sea, but in life.	910.916 261p	NON-FICTION	N/A
My life in houses	Forster, Margaret	A nostalgic trawl through seven houses over 70-odd years, exploring what makes a home and the effect where we live has on how we live our lives. It is also a perceptive portrayal of changing domestic life in 20th and 21st-century Britain by a top class novelist. BBC Radio 4 Book of the week.	823.914 272p	NON-FICTION	LP
The A303: Highway to the Sun	Fort, Tom	One of the essential routes to the West Country for thousands of holidaymakers, this potted history, geography and culture of the A303 tells us of the romance of the road and the quirky culture of British life. Charming and nostalgic.	388.109423 368p	NON-FICTION	N/A
The Escape Artist	Freedland, Jonathan	In April 1944 nineteen-year-old Rudolf Vrba and fellow inmate Fred Wetzler became the first Jews ever known to break out of Auschwitz. Under electrified fences and past armed watchtowers, evading thousands of SS men and slavering dogs, they trekked across marshlands, mountains and rivers to freedom. Vrba's mission: to reveal to the world the truth of the Holocaust. After his escape, the information he'd collected would form a priceless thirty-two-page report that would reach Roosevelt, Churchill and the pope and eventually save over 200,000 lives.	940.5 376p	NON-FICTION	N/A
House of Glass	Freeman, Hadley	When Hadley Freeman found a shoebox filled with her French grandmother's treasured belongings, it started a decade-long quest to find out their haunting significance and to dig deep into the extraordinary lives of her grandmother, Sala, and her three siblings, Henri, Jacques and Alex Glass. The search takes Hadley from Picasso's archives in Paris to a secret room in a farmhouse in Auvergne to Long Island and to Aushwitz.	B GLA 448p	NON-FICTION	N/A
Norse Mythology	Gaiman, Neil	The great Norse myths are woven into the fabric of our storytelling and have inspired the author's own writing, Gaiman's gods are thoroughly alive on the page - irascible, visceral, playful, passionate - and the tales carry us from the beginning of everything to Ragnarok and the twilight of the gods. Sunday Times and New York times bestseller.	398.209 260 p	NON-FICTION	CD, LP
Featherhood	Gilmour, Charlie	When Charlie rescues a young magpie and becomes an unlikely parent, he embarks on a journey of personal discovery, exploring his own relationship with his father . Beautifully written nature writing combined with memoir.	304.27 288p	BIOGRAPHY	N/A

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Whatever Next?	Glenconner, Anne	Now in her ninetieth year, at her happiest, Anne brings her bracing honesty, characteristic wit, and courage to reflect on and reveal more about her long and unexpected life, and what it's taught her. As a wife, she became a master in the art of keeping the peace, knowing when to pick her battles, and when she needed help. As a hostess, she acquired great practical skills in throwing marvellous parties and looking after magnificent homes, and, as a lady in waiting, became well versed in diplomacy and etiquette. It was as a mother she learnt the toughest lessons of all, and through them the value of friendship, family, and laughter to get her through the worst moments in life, as well as celebrate the best of them. Richly and entertaining.	B GLE 274p	BIOGRAPHY	N/A
Lady in Waiting: My Extraordinary Life in the Shadow of the Crown	Glenconner, Anne	From Maid of Honour at the Queen's Coronation to Lady in Waiting to Princess Margaret, Lady Glenconner is a unique witness to royal history, as well as an extraordinary survivor of a generation of aristocratic women trapped without inheritance and burdened with social expectations.	B GLE 336p	BIOGRAPHY	N/A
Note Through The Wire	Gold, Doug	The true story of Josefine Lobnik, a resistance heroine, and Bruce Murray, an imprisoned soldier, as the briefest of meetings leads to love in the midst of war. A story of great bravery, daring escapes, betrayal, torture and retaliation and a love that survived all.	940.5 330p	NON-FICTION	N/A
Mad Woman	Gordon, Bryony	Ten years on from first writing about her own experiences of mental illness, Bryony Gordon still receives messages about the effects it has on people. Now perimenopausal and well into the next stage of her life, parenting an almost-adolescent, just what has that help - and that connection with other unwell people - taught Bryony about herself, and the society we live in? What has she learned, and why have her views on mental health changed so radically? After coming out the other side of the biggest trauma of our living memory - a global pandemic - existing in a state of perma-crisis has now become our new normal.	616.890 314p	NON-FICTION	N/A
The Wager	Grann, David	On 28th January 1742, a ramshackle vessel of patched-together wood and cloth washed up on the coast of Brazil. Inside were 30 emaciated men, barely alive, and they had an extraordinary tale to tell. They were survivors of His Majesty's ship The Wager, a British vessel that had left England in 1740 on a secret mission during an imperial war with Spain. While chasing a Spanish treasure-filled galleon, The Wager was wrecked on a desolate island off the coast of Patagonia. The crew, marooned for months and facing starvation, built the flimsy craft and sailed for more than 100 days, traversing 2,500 miles of storm-wracked seas. They were greeted as heroes. Then, six months later, another, even more decrepit, craft landed on the coast of Chile. This boat contained just three castaways and they had a very different story to tell.	355.1334 330p	NON-FICTION	N/A
Less	Grant, Patrick	In this passionate and revealing book about loving clothes but despairing of a broken global system Patrick Grant considers the crisis of consumption and quality in fashion, and how we might make ourselves happier by rediscovering the joy of living with fewer, better-quality things.	746.920 368p	NON-FICTION	N/A
A Pocketful of Happiness	Grant, Richard E	Born in Swaziland in 1957, Richard E. Grant moved to the UK to pursue his acting career, and has been a fixture on our screens since his breakout role in Withnail and I in 1987. When his beloved wife Joan died in 2021 after almost forty years together, she set him a challenge: to find a pocketful of happiness in every day. The result is this book. Set between the present day and flashbacks to delightfully indiscreet diary entries recalling landmarks from his remarkable life and glittering career.	B GRA 324p	BIOGRAPHY	LP
Normal Women	Gregory, Philippa	We have fallen into the belief that women were absent from great events, and ineffectual in normal times. Through a radical reframing of the conventional eras of our history, 'Normal Women' will tell the story of our nation - not with the rise and fall of Kings and the occasional Queen - but through social and cultural transition, showing the agency, persistence and effectiveness of women in society. Through the stories of the soldiers, guild widows, highwaywomen, pirates, miners and ship owners, international traders, theatre runners and 'female husbands', 'Normal Women' will redefine 'normal' female behaviour to include heroism, rebellion, crime, treason, money-making, jousting and sainthood. And much rioting.	305.409 630p	NON-FICTION	CD
The Innocent Man	Grisham, John	When two men were arrested in 1987 and found guilty of rape and murder, the prosecution's case was built on junk science and the testimony of jaihouse snitches and convicts. Disturbing account of a miscarriage of justice by established legal thriller writer.	345.766025 528p	NON-FICTION	CD, LP

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Notes on a Nervous Planet	Haig, Matt	The world is messing with our minds. What if there was something we could do about it? Looking at sleep, news, social media, addiction, work and play, Matt Haig invites us to feel calmer, happier and to question the habits of the digital age. Can this book change the way you spend your precious time on earth?	158 320p	NON-FICTION	CD, LP
Old Rage	Hancock, Sheila	At 84, having sailed past supposedly disturbing milestones- 50, 70 even 80 - without a qualm why did she suddenly feel furious? Shocking diagnoses, Brexit and bereavement seemed to knock her from every quarter. And that was before lockdown. Home alone, classified as 'extremely vulnerable', she finds herself yelling at the TV and talking to the pigeons.She can at least take a good long look at life, her work, family,her beliefs, and uncomfortable as it might be to face, her future. One of Britain's best loved actors opens up about her ninth decade. Funny, feisty and honest.	B HAN 258p	BIOGRAPHY	LP
Spare	Harry, Prince	It was one of the most searing images of the 20th century: two young boys, two princes, walking behind their mother's coffin as the world watched in sorrow - and horror. As Princess Diana was laid to rest, billions wondered what the princes must be thinking and feeling - and how their lives would play out from that point on. For Harry, this is that story at last.	B HAR 416p	BIOGRAPHY	CD, LP
Hungover Games	Heawood, Sophie	What happens when you have an accidental baby on your own in your mid-30s, when you haven't worked out how to look after yourself, let alone a baby? 'The Hungover Games' is the funny, dark and true story of one woman's adventures in single-motherhood. Best Book of 2020 - Evening Standard, Cosmopolitan, Observer.	306.874 258p	NON-FICTION	N/A
Born Survivors	Holden, Wendy	A heart-stopping account of how three mothers and their newborns fought to survive the Holocaust and how, sixty five years later they met for the first time at Mauthausen for the anniversary of the liberation that ultimately saved them. A life-affirming celebration of our capacity to care and to love amid inconceivable cruelty. Goodreads Choice Awards Best History & Biography.	940.531 405p	NON-FICTION	CD, LP
Broken Threads	Husain, Mishal	The lives of Mishal Husain's grandparents changed forever in 1947, as the new nation states of India and Pakistan were born. For years she had a partial story, a patchwork of memories and anecdotes: hurried departures, lucky escapes from violence and homes never seen again. Decades later, the fragment of an old sari sent Mishal on a journey through time, using letters, diaries, memoirs and audio tapes to trace four lives shaped by the Raj, a world war, independence and partition. Mumtaz rejects the marriage arranged for him as he forges a life with Mary, a devout Catholic from an Anglo-Indian family, while Tahirah and Shahid watch the politics of pre-partition Delhi unfold at close quarters. As freedom comes, bonds fray and communities are divided, leaving two couples to forge new identities, while never forgetting the shared heritage of the past.	B HUS 336p	BIOGRAPHY	N/A
The Importance of Being Interested	Ince, Robin	In this erudite and witty book, Robin reveals why scientific wonder isn't just for the professionals. Filled with interviews featuring astronauts, comedians, teachers, quantum physicists, neuroscientists and more - as well as charting Robin's own journey with science - The Importance of Being Interested explores why many wrongly think of the discipline as distant and difficult. From the glorious appeal of the stars above to why scientific curiosity can encourage much needed intellectual humility, this optimistic and profound book will leave you filled with a thirst for intellectual adventure.	306.45 390p	NON-FICTION	N/A
David Jason: My Life	Jason, David	The long-awaited autobiogrpahy of one of Britain's most-loved actors. Born the son of a Billingsgate market porter at the height of the Second World War, David Jason's early life was spent dodging bombs and bullies, both with impish good timing. Giving up on an unloved career as an electrician, he turned his attention to acting	B JAS 392p	BIOGRAPHY	N/A
Me	John, Elton	Music icon Elton John reveals the truth about his extraordinary life. Me is the joyously funny, honest and moving story of the most enduringly successful singer/songwriter of all time. Chatty and candid.	782.42 418p	BIOGRAPHY	CD
When Breath Becomes Air	Kalanithi, Paul	A young neurosurgeon diagnosed with inoperable lung cancer working in the most critical place for human identity, the brain. What is it like to do that every day; and what happens when life is catastrophically interrupted? An unforgettable reflection on the practice of medicine and the relationship between doctor and patient. New York Times number one bestseller, Sunday Times number one bestseller, Shortlisted: Wellcome Book Prize 2017.	617.48 256p	NON-FICTION	LP

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
This is Going to Hurt	Kay, Adam	Welcome to the life of a junior doctor: 97-hour weeks, life and death decisions, a constant tsunami of bodily fluids, and the hospital parking meter earns more than you. Adam Kay's This is Going to Hurt provides a no-holds-barred account of his time on the NHS front line. Hilarious, horrifying and heartbreaking. Book of the Year, National Book Awards.	610.92 256p	NON-FICTION	CD,LP
The Swordfish and the Star	Knight, Gavin	Cornwall and its seas are brought to life, mixing drinking and drugs and sea spray, moonlit beaches and shattering storms, myth and urban myth. Based on immersive research and rich with the voices of a cast of remarkable characters, this is an eye-opening, dramatic, poignant account of life on Britain's most dangerous stretch of coast.	942.37 256p	NON-FICTION	LP
The Stopping Places	Le Bas, Damian	In a bid to better understand his heritage, Damian sets out on a journey to discover the stopping places – the old encampment sites known only to Travellers. Through winter frosts and summer dawns, from horse fairs to Gypsy churches, Damian lives on the road, somewhere between the romanticised Gypsies of old, and their much-maligned descendants of today.	941.0049 320p	NON-FICTION	N/A
Cider With Rosie	Lee, Laurie	The core of the story is the life of Laurie's large and boisterous family, living in cheerful poverty in their Cotswold cottage, and above all his mercurial, warm-hearted mother. Rosie really did exist. Indeed, she outlived Laurie, and was interviewed by BBC Radio in 2004.	B LEE 232p	BIOGRAPHY	CD, LP
The Mistresses of Cliveden: Three Centuries of Scandal, Power and Intrigue in an English Stately Home	Livingstone, Natalie	An addictive history of the period and an intimate exploration of the timeless relationships between people and place, The Mistresses of Cliveden is a story of sex, power and politics, and the ways in which five exceptional women defy the expectations of their time. Sunday Times Bestseller.	942.0099 608p	NON-FICTION	CD
H is for Hawk	MacDonald, Helen	Deeply moving account of the author's attempts to deal with a sudden bereavement, by training a young goshawk. Beautifully juxtaposed with the story of T. H. White, who, in addition to writing The Sword in the Stone also wrote a book about his own early attempts to train a goshawk in the early 1930s. Winner: Costa Book of the Year, Samuel Johnson Prize for Non-FICTION.	598.944 320p	NON-FICTION	CD, LP
Landmarks	Macfarlane, Robert	Words are grained into our landscapes, and landscapes are grained into our words. Landmarks is about the power of language to shape our sense of place. It is a lyrical and poetic field guide to the literature of nature, travelling from Cumbria to the Cairngorms, and exploring the landscapes of Roger Deakin, J. A. Baker, Nan Shepherd and others, Robert Macfarlane shows that language, well used, is a keen way of knowing landscape, and a vital means of coming to love it. Shortlisted: Samuel Johnson prize, Wainwright Prize.	914.41 400p	NON-FICTION	N/A
The Old Ways: A Journey on Foot	Macfarlane, Robert	Following the tracks, holloways, drove-roads and sea paths that form part of a vast ancient network of routes criss-crossing the British Isles and beyond, Robert Macfarlane discovers a lost world - a landscape of the feet and the mind, of pilgrimage and ritual, of stories and ghosts; above all of the places and journeys which inspire and inhabit our imaginations. Shortlisted: Samuel Johnson Prize 2012, Sunday Times Bestseller.	910.409 448p	NON-FICTION	N/A
Underland : a deep time journey	Macfarlane, Robert	A haunting exploration of the world beneath our feet as the prizewinning author takes us on a journey exploring what's beneath, from Bronze age burial chambers and the depths of glaciers, to the underground communications of trees. Winner: Wainwright Prize, Standford Dolman Travel Book of the Year. Shortlisted RSL Ondaatje Prize	304.2	NON-FICTION	CD
This Much Is True	Margoyles, Miriam	From Blackadder to Call the Midwife, from PG Tips to Harry Potter, Miriam Margolyes is a national treasure -- this is her extraordinary life story and it's well worth the wait. From declaring her love to Vanessa Redgrave to being told to be quiet by the Queen, this book is packed with hilarious stories. With a cast list stretching from Scorsese to Streisand, a cross-dressing Leonardo di Caprio to Isaiah Berlin, This Much Is True is as full of life and surprises, as its inimitable author.	F 438p	BIOGRAPHY	N/A
How To Be a Woman	Moran, Caitlin	Part memoir, part rant, 'How To Be A Woman' follows Caitlin Moran from her terrible 13th birthday, through adolescence, the workplace, strip-clubs, love, fat, abortion, TopShop, motherhood and beyond. Winner: Galaxy Book Awards Book of the Year.	305.42 320p	NON-FICTION PRIZE WINNER	N/A
More than a Woman	Moran, Caitlin	With aging parents, teenage daughters, a bigger bum and a To-Do list without end, Caitlin Moran is back with 'More Than A Woman' - a manifesto for change, and a celebration of all those middle-aged women who keep the world turning. Sunday Times Bestseller.	828.92 277p	NON-FICTION	N/A
And Away…	Mortimer, Bob	Bob Mortimer's life was trundling along happily until suddenly in 2015 he was diagnosed with a heart condition that required immediate surgery and forced him to cancel an upcoming tour. The episode unnerved him, but forced him to reflect on his life so far. This is the framework for this hilarious and moving memoir.	B MOR 323P	BIOGRAPHY	LP

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Things I Learned From Falling	Nelson, Claire	Struggling with burnout and a hectic lifestyle, Claire decided to take some time out and travelled half-way around the world to clear her head. What happened next, on a hike in California, was something she could never have anticipated. A first-person account of determination, adversity and survival against the odds.	158.109 272p	NON-FICTION	N/A
A Promised Land	Obama , Barack	In the first volume of his presidential memoirs, Barack Obama tells the story of his odyssey from young man searching for his identity to leader of the free world, when he was elected 44th president of the United States, becoming the first African American to hold the nation's highest office.	973.932 751p	NON-FICTION	N/A
Dreams from my Father	Obama, Barack	Lyrical, unsentimental, and compelling memoir as the son of a black African father and a white American mother searches for a workable meaning to his life as a black American.	B OBA 464p	BIOGRAPHY	CD, LP
Becoming	Obama, Michelle	In her memoir, a work of deep reflection and mesmerizing storytelling, Michelle Obama invites readers into her world, chronicling the experiences that have shaped her. Warm, wise, and revelatory, Becoming is the deeply personal reckoning of a woman of soul and substance who has steadily defied expectations - and whose story inspires us to do the same.	B OBA 448p	BIOGRAPHY	CD, LP
I am , I am, I am : seventeen brushes with death	O'Farrell, Maggie	A childhood illness she was not expected to survive. A teenage yearning to escape that nearly ended in disaster. A terrifying encounter on a remote path. A mismanaged labour in an understaffed hospital. Shocking, electric, unforgettable, this is the extraordinary memoir from Costa Novel-Award winner and Sunday Timesbestselling author Maggie O'Farrell. Shortlisted: Pen Ackerley Prize.	B OFA 304p	BIOGRAPHY	CD, LP
Motherwell	Orr, Deborah	When Deborah Orr left home for university she hoped to break free from her family but when the core relationship in your life compromises every effort you make to become an individual, a long shadow can be cast. A sharp, candid and often humorous memoir about what we inherit and how it can lead to redemption.	070.92 304p	NON-FICTION	N/A
Tales from the Farm	Owen, Amanda	A charming, evocative collection of Amanda Owen's columns in The Dalesman magazine as the Yorkshire Sherherdess, describing life on the farm for her and her family, not to mention their flock of sheep, herd of cows, hardworking dogs and a formidable chicken called Linda.	636.3 128p	NON-FICTION	CD
Sonny Boy	Pacino, Al	Growing up in New York City's South Bronx and raised by a loving but mentally unwell mother, Pacino worked odd jobs to support himself. But, in good times and bad, in poverty and in wealth and in poverty again, through pain and joy, acting was his lifeline, its community his tribe. Exploring his iconic roles, essential collaborations, and important relationships, as well as the ever-present struggle between creativity and commerce, Sonny Boy is the revelatory account of an incredible life.	B PAC 370p	BIOGRAPHY	CD,LP
Fingers in the Sparkle Jar : a memoir	Packham, Chris	An introverted, unusual young boy, isolated by his obsessions and a loner at school, Chris Packham only felt at ease in the fields and woods around his suburban home. But when he stole a young Kestrel from its nest, he was about to embark on a friendship that would teach him what it meant to love, and that would change him forever. The memoir that inspired Chris Packham's BBC documentary, Asperger's and Me.	B PAC 334p	BIOGRAPHY	CD
Great-Uncle Harry: A Tale of War and Empire	Palin, Michael	From the time, many years ago, when Michael Palin first heard that his grandfather had a brother, Harry, who died in tragic circumstances, he was determined to find out more about him. The quest that followed involved hundreds of hours of painstaking detective work. Michael dug out every bit of family gossip and correspondence he could. He studied every relevant official document. He tracked down what remained of his great-uncle Harry's diaries and letters, and pored over photographs of First World War battle scenes to see whether Harry appeared in any of them. As he did, a life that had previously existed in the shadows was revealed to him.	B PAL 322p	NON-FICTION	N/A
Landskipping: Painters, Ploughmen and Places	Pavord, Anna	Local Author. A ravishing celebration of landscape, its iridescent beauty and its potential to comfort, awe and mesmerise. Landskipping explores the different ways in which we have, throughout the ages, responded to the land, from artists to tourists. Moving from the rolling hills of Dorset to the peaks of the Scottish Highlands, this is an exquisite and compelling book, written with zest, passion and deep understanding.	304.209 272p	NON-FICTION	N/A
The Man Who Made Things Out of Trees	Penn, Robert	Robert Penn cut down an ash tree to see how many things could be made from it. Journeying from Wales across Europe and Ireland to the USA, he finds the ancient skills and knowledge are far from dead. His writing is a poetic tribute to the beauty and usefulness of the ash tree and a homage to vanishing skills.	684.08 231p	NON-FICTION	N/A

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
In The Heart Of The Sea: The Epic True Story That Inspired Moby Dick	Philbrick, Nathaniel	When the whaleship Essex set sail from Nantucket in 1819, the unthinkable happened.Essex was rammed and sunk by an enraged sperm whale, and her twenty crewmen were forced to take to the open sea in three small boats. Ninety days later only a handful of survivors were rescued - and a terrifying story of desperation, cannibalism and courage was revealed. One of the greatest sea yarns ever spun, this is the FICTIONalised account of the extraordinary events that inspired Herman Melville's masterpiece 'Moby-Dick'.	910.916 336p	NON-FICTION	CD, LP
From here to the great unknown	Presley, Lisa Marie	Lisa Marie Presley had been working for years on a raw, riveting, one-of-a-kind memoir, recording countless hours of breathtakingly vulnerable tapes. Born to an American myth and raised in the wilds of Graceland, she felt she was never truly understood - until now. Her words have finally been brought to the page by her daughter Riley Keough.	B PRE 281p	BIOGRAPHY	CD
My Mess is a Bit of a Life	Pritchett, Georgia	Multi-award-winning television writer and producer Georgia Pritchett knows a thing or two about anxiety. From worrying about the monsters under her bed as a child, to embracing womanhood, to being offered free gifts after an award ceremony, worry has accompanied her at every turn. This memoir is a joyful reflection on just how to live - and sometimes even thrive (sometimes not) - with anxiety.	822.92 208p	NON-FICTION	N/A
The Shepherd's Life : a tale of the Lake District	Rebank, James	The first son of a shepherd, who was the first son of a shepherd, he and his family have lived and worked in and around the Lake District for generations. Their way of life is ordered by the seasons and the work they demand, and has been for hundreds of years. A rare and honest book about the realities of rural working life . Shortlisted: Wainwright Prize, Ondaatje Prize.	636.301 307p	NON-FICTION	CD, LP
Many Different Kinds of Love	Rosen, Michael	In March 2020, Michael Rosen became unwell with coronavirus. What followed was months on the wards: a month in an induced coma, and weeks of rehab and recovery as the NHS saved his life, and then got him back on his feet. Throughout it all, a notebook lay at the end of Michael's bed, where his nurses wrote him letters of hope and support. And as soon as he was awake, he was ready to start writing his own story. Combining stunning new prose poems by one of Britain's best loved poets and the moving coronavirus diaries of his nurses, and featuring original illustrations by Chris Riddell, this is a beautiful book about love, life and the NHS that celebrates the power of community and the indomitable spirits of the people who keep us well.	B ROS 270p	BIOGRAPHY	N/A
The Five	Rubenhold, Hallie	Five women, murdered in 1888. Their murderer was never identified, but the name created for him by the press has become far more famous than any of them. This devastating narrative of five lives gives these women back their stories. Winner: Baille Gifford Prize, Goodreads Choice Award: Book of the Year: Hay Festival.	364.152 432p	NON-FICTION PRIZE WINNER	CD
Knife	Rushdie, Salman	Speaking out for the first time, and in unforgettable detail, about the traumatic events of August 12th, 2022, Salman Rushdie answers violence with art, and reminds us of the power of words to make sense of the unthinkable. 'Knife' is a gripping, intimate, and ultimately life-affirming meditation on life, loss, love, art - and finding the strength to stand up again.	823.914 224p	NON-FICTION	CD
The Secret Barrister : stories of the law and how it's broken	Secret Barrister	Both a searing first-hand account of the human cost of the criminal justice system, and a guide to how we got into this mess, The Secret Barrister wants to show you what it's really like and why it really matters. It's eye-opening, damning and hilarious in equal measure. Sunday Times Bestseller.	364.941 320p	NON-FICTION	CD
The Bookseller of Kabul	Seierstad, Asne	Sultan Khan is the head of a prosperous Kabul family. A bookseller by trade, he has seen his books burnt by one regime, defaced by another, then burnt again. As the Taliban regime falls in 2001, he meets Norwegian war correspondent, Seierstad. They agree that Seierstad should live with his family for several months.	958.104 316p	NON-FICTION	LP
Unnatural Causes	Shepherd, Richard	Forensic pathologist, Dr Richard Shepherd solves the mysteries of unexplained or sudden death. This thoughtful and revealing book tells the story of not only the cases and bodies that have haunted him the most, but also how to live a life steeped in death.	614.109 464p	NON-FICTION	LP
Hidden Figures	Shetterley, Margot Lee	Set amid the civil rights movement, the never-before-told true story of NASA's African-American female mathematicians who played a crucial role in America's space program. Segregated from their white counterparts, these 'colored computers' used pencil and paper to write the equations that would launch rockets, and astronauts, into space. Oscar Nominated film.	510.9252 384p	NON-FICTION	CD

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
Days From a Different World	Simpson, John	In this new volume of memoirs, John Simpson turns his sights on his own childhood in Britain during the 1940s and 1950s and tells the strange and moving story of his family and his early years in a south London suburb.	B SIM 412p	BIOGRAPHY	LP
The Black Angels	Smilios, Maria	Black Angels' tells the true story of 300 black nurses who helped prevent a public health crisis in New York. In 1929, when white nurses staged a walk out at Staten Island's 2000-bed TB sanatorium, health officials made the decision to sanction a national call for 'coloured nurses'. Lured by the promise of good pay, education, housing, and the opportunity to work in a hospital free of quotas and segregated wards, 'Black Angels' from all over the country boarded trains and buses to enter wards. This book tells their 'triumphant story'.	610.7308 320p	NON-FICTION	N/A
Auntie's War: the BBC during the Second World War	Stourton, Edward	The BBC's wartime journey, via archives, diaries, letters and memoirs which examine what the BBC was and what it stood for. Full of astonishing, little-known incidents and with a cast of brilliant characters, Auntie's War is a portrait of a beloved institution at a critical time and a unique portrayal of the British in wartime. BBC Radio Four book of the week.	070.194 432p	NON-FICTION	CD
Peepshow: The murders at 10 Rillington place	Summerscale, Kate	In 1953, police uncover a series of hidden bodies at 10 Rillington Place in Notting Hill—victims concealed in walls, beneath floorboards, and scattered as bones in the garden. The discoveries cast doubt on a previous investigation at the same address, where a man had already been executed for a double murder. As suspicion turns toward the quiet, unassuming tenant Reg Christie, a former policeman, a nationwide search begins. Reporters race to the scene, including ambitious journalist Harry Procter, while crime writer Fryn Tennyson Jesse is determined to cover the case. In this gripping true-crime narrative, Kate Summerscale reconstructs the investigation, the lives of Christie's victims, and the intense media storm surrounding one of Britain's most notorious murder houses.	364.152 296p	NON-FICTION	N/A
Three Women	Taddeo, Lisa	Lina is in a stale marriage, Maggie is a pariah Sloane a sexual object of desire. What hapened to these women and why? Controversial, detailed, spellbinding, upsetting, true and compelling in equal measure. Winner: British Book Awards Non-FICTION Narrative Book of the Year; Foyles Non-FICTION Book of the Year: A Stylist Book of the Decade;	306.709	NON-FICTION PRIZE WINNER	N/A
Gotta Get Theroux This	Theroux, Louis	A funny, insightful memoir by much-loved documentary maker Louis Theroux, taking the reader on a weird and wonderful journey through two decades of groundbreaking television.	791.45 400pp	NON-FICTION	CD
Thomas Hardy: the time-torn man	Tomalin, Claire	This biography covers Hardy's illegitimate birth, his rural upbringing, his escape to London in the 1860s, his marriages, his status as a bestselling novelist, and in later life, his supreme achievements as a poet.	B HAR 482p	BIOGRAPHY	CD, LP
Wilding : the return of nature to a British farm	Tree, Isabella	In Wilding, Isabella Tree tells the story of the 'Knepp experiment', a pioneering rewilding project in West Sussex, using free-roaming grazing animals to create new habitats for wildlife. Part gripping memoir, part fascinating account of the ecology of our countryside, Wilding is, above all, an inspiring story of hope. Sunday Times Book of the Year.	639.909 384p	NON-FICTION	CD
The Cut Out Girl: a story of war and family, lost and found	Van Es, Bart	Little Lien was given away by her Jewish parents, hidden and raised by a foster family. She survived the war only to find that her real parents had not. Much later, she fell out with her foster family, and Bart van Es set about tracing Lien and telling her story. Winner: Costa Book of the Year, Slightly Foxed best First Biography	B VAN 288p	BIOGRAPHY	CD, LP
That's Another Story	Walters, Julie	Julie Walters has been described as the nation's most popular actress and comedienne. She has been delighting us on screen and on stage for over 25 years and we have taken her to our hearts. Now she tells us her own story, in her own words.	B WAL 336p	BIOGRAPHY	CD, LP
Educated	Westover, Tara	Tara Westover and her family grew up preparing for the End of Days. She had no school records, and no medical records because her father didn't believe in hospitals. At sixteen, Tara knew she had to leave home. In doing so she discovered both the transformative power of education, and the price she had to pay for it. Shortlisted BAMB Readers Awards,	B WES 400p	BIOGRAPHY	CD,LP
Strictly Ann	Widdecombe, Ann	The autobiography of the former politician and Strictly Come Dancing competitor Ann Widdecombe. The book captures the intensity of emotions and the relentlessness of intrigue at Westminster for a minister determined to hold on to her integrity under what feels to her like pressure from all sides. It is a vivid portrayal of a world she clearly loves.	B WID 288p	BIOGRAPHY	CD, LP
Climbing the Bookshelves	Williams, Shirley	Shirley Williams was born to politics. As well as being influenced by her mother, Vera Brittian, her father George Caitlin, a leading political scientist, encouraged his daughter to have high ambitions for herself. This is an autobiography of her life.	B WIL 432p	BIOGRAPHY	LP

TITLE	AUTHOR	SYNOPSIS	SHELFMARK	GENRE	OTHER FORMAT
The Salt Path	Winn, Raynor	Just days after Raynor learns that Moth, her husband, is terminally ill, they lose both home and livlihood. With nothing left and little time, they make the brave and impulsive decision to walk the 630 miles of the sea-swept South West Coast Path. This is an honest and life-affirming story of coming to terms with grief and the healing power of the natural world as their their walk becomes a remarkable journey. Shortlisted: Costa Biogrpahy Award, Wainwright Golden Beer Book Prize.	B WIN 280p	BIOGRAPHY	CD, LP
Wild Silence	Winn, Raynor	Sequel to The Salt Path, Raynor and Moth have the chance to breathe life back into a beautiful but neglected farmhouse in the Cornish hills - as rewilding the land and returning nature to its hedgerows becomes their new path. Along the way, they learn more about the land that envelopes them, find new friends and embark on another windswept adventure.	362.19 280p	NON-FICTION	LP
Walking the Nile	Wood, Levison	A detailed, thoughtful, inspiring and dramatic book, recounting Levison Wood's walk the length of the Nile. Exploration and Africa are two of his great passions - they drive him on and motivate his inquisitiveness and resolution not to fail, yet the challenges of the terrain, the climate, the animals, the people and his own psychological resolution will throw at him are immense.	916.2 352p	NON-FICTION	LP
The Invention of Nature: The Adventures of Alexander Von Humboldt, The Lost Hero of Science	Wulf, Andrea	Humbolt is the great lost scientist: more things are named after him than anyone else. His colourful adventures read like something out of a Boy's Own story and he predicted human-induced climate change as early as 1800. Voyage in his footsteps and trace his ideas as they shape science today. Winner: costa Biography Award.	B HUM 496p	NON-FICTION PRIZE WINNER	N/A