

Autism Spectrum Book Collection

Dorset County Council Libraries have many books which may help you or your family support people on the autism spectrum. This leaflet contains a selection of these books which have been chosen and recommended by professionals.



Dorset County Council libraries are a gateway to fun, exploration and learning that will last a lifetime. Request a book and we'll get it delivered to your branch for free.

Membership is free. Join at any of our libraries or online at:
www.librarieswest.org.uk

Supporting Children

Martian in the Playground: Understanding the Schoolchild with Asperger's Syndrome - Clare Sainsbury - 618.928

The Asperkid's (Secret) Book of Social Rules: The Handbook of Not-So-Obvious Social Guidelines for Tweens and Teens with Asperger Syndrome - Jennifer Cook O'Toole – Children's Non Fiction - 618.928588

The Red Beast: Controlling Anger in Children with Asperger's Syndrome - K.I Al-Ghani - Children's Non Fiction - 616.858

Understanding Autism - Katrina Williams – 618.928588

Autism: I See Things Differently - Pat Thomas – Children's Non Fiction - 618.928

Supporting Teens

Parenting a Teen or Young Adult with Asperger Syndrome (Autism Spectrum Disorder): 325 Ideas, Insights, Tips and Strategies - Brenda Boyd - 649.154

Freaks, Geeks and Asperger Syndrome - Luke Jackson - 616.8982

The Growing Up Book for Boys: What Boys on the Autism Spectrum Need to Know! - Davida Hartman – Children's Non Fiction - 362.198

The Growing Up Guide for Girls: What Girls on the Autism Spectrum Need to Know! - Davida Hartman - Children's Non Fiction - 646.7

What's Happening to Ellie? : A Book About Puberty for Girls and Young Women with Autism and Related Conditions - Kate E Reynolds - Teenage Non Fiction - 618.928588

Autism and Preparing for Adulthood – Patricia Howlin - 616.8982

Supporting Women

Aspergirls: Empowering Females with Asperger Syndrome - Rudy Simone - 616.858832

The Independent Woman's Handbook for Super Safe Living on the Autistic Spectrum - Robyn Steward - 616.85882

Supporting Adults

Helping Adults with Asperger's Syndrome Get and Stay Hired - Barbara A Bissonnette - 650.10875

Older Adults and Autism Spectrum Conditions: An Introduction and Guide - Wenn Lawson - 616.85882

Asperger Syndrome and Anxiety: A Guide to Successful Stress Management - Nick Dubin - 616.858832

The Other Half of Asperger Syndrome - Maxine Aston - 616.858832

Getting to Grips with Asperger Syndrome - Carol Hagland - 616.858832

Guides

Asperger's Syndrome: the Essential Guide - Hilary Hawkes - 616.858832

Autism Spectrum Disorders: The Complete Guide - Chatal Sicile Kira - 616.8982

The Autistic Spectrum: A Guide for Parents and Professionals - Lorna Wing - 616.8982

The Complete Guide to Asperger's Syndrome - Tony Attwood - 616.858832

Been There. Done That. Try This: An Aspie's Guide to Life on Earth - Craig Evans - 616.858832

It's Raining Cats and Dogs: An Autism Spectrum Guide to the Confusing World of Idioms, Metaphors and Everyday Expressions - Michael Barton - 616.85882

The Incredible 5-Point Scale – Kari Dunn Buron and Mitzi Curtis - 371.94

Sensory

The Autistic Brain - Temple Grandin - 616.85882

Living Sensationally – Winnie Dunn - 152.1

Thinking in Pictures - Temple Grandin - 616.85882

All Cats have Asperger Syndrome - Kathy Hoopmann - Children's Non Fiction - 618.92858832

Diet

What to Feed an Asperger - Sarah Patten - 618.928588

Autism: Exploring the Benefits of a Gluten and Casein Free Diet: A Practical Guide for Families and Professionals - Paul Whiteley - 618.928588

Biography

The Reason I Jump - Naoki Higashida - B/HIG

Ketchup is My Favorite Vegetable - Liane Kupferberg Carter - B/CAR

Nerdy, Shy, and Socially Inappropriate: A User Guide to an Asperger Life
- Cynthia Kim - B/KIM

Do Lemons Have Feathers?: More to Autism than Meets the Eye - David J. Burns - B/BUR

The Obsessive Joy of Autism - Julie Bascom - B/BAS

Switched On: My Journey from Asperger's to Emotional Awakening - John Elder Robison - 616.8588320092

How libraries can help

There are a range of resources available in libraries to help support people with autism.

- A picture journey to show you what to expect when visiting the library for the first time
- Visual tours of the library
- Library floor plans

These are available on the individual library webpage.

www.dorsetforyou.gov.uk/libraries-history-culture/libraries/find-your-local-library/local-library.aspx

Autism friendly meeting rooms are available at the following libraries. Talk to library staff to book:

**Dorchester Library and Learning Centre, South Walks House,
Charles Street, Dorchester, DT1 1EE**

Telephone: 01305 224440 Email: dorchesterlibrary@dorsetcc.gov.uk

Gillingham Library, Chantry Fields, Gillingham, Dorset, SP8 4UA

Telephone: 01747 822180 Email: gillinghamlibrary@dorsetcc.gov.uk

This publication can be made available in audio tape, large print and Braille, or alternative languages on request.