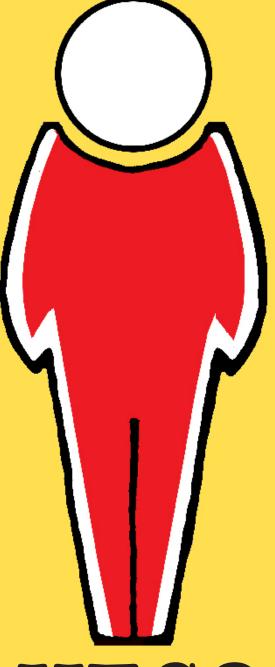
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have you...

... lost weight without trying?

or

... felt that clothes, dentures, belts or jewellery are looser than normal?



... felt weak, tired, dizzy or colder than normal?

or

... got an
increasingly
reduced
appetite or
only been able
to eat small
amounts?

YES?

If you answered yes to any of the above, you may be suffering from, or in the early stages of, malnutrition. It is important to talk about any concerns you may have with your GP surgery.

Losing weight is not always great.

Talk about malnutrition.