



## Is this the right course for me? SURF KAYAK AWARD

If you can kayak and want to develop your skills in the surf or you can already surf kayak and want to develop further and / or gain a BC surf qualification then this is the course for you.

## **Aims**

The Surf Award is designed for paddlers looking for recognition of their skills for a safe and controlled kayak surfing. During this one day course we will help you progress towards the British Canoeing Surf Kayak Award. Depending of your ability you may or may not complete the award during the day. To attend the course you need to have mastered the fundamental kayaking skills and have completed a number of session in surf up to 1m on beach breaks

## Content

The Surf Kayak Award endorses your skill, judgment and the decision making required for a successful surfing. We hope that by the end of the day you will be more skilled and confident in your kayak in surf up to 1m on beach breaks. The day will be spent developing a wide range of skills in the surf.

The coach will develop some of the fundamental surf kayak skills of paddling out strategies, diagonal run, climbing and dropping, bottom and top turns in addition to take off, wave selection and judgement. The best location for the day will be chosen on the local conditions.

For further information and more detailed syllabus

visit <a href="https://www.britishcanoeingawarding.org.uk/new-personal-performance-awards/">https://www.britishcanoeingawarding.org.uk/new-personal-performance-awards/</a>

Scroll down to 'SURF' then click on 'surf kayak award'

## What Will I Need?

You are welcome to use your own equipment. WOEC has a variety of clothing and equipment for you to use included in the price of the course. For full details see the general information page.