



Is It For Me? SHELTERED WATER COACH TRAINING

If you want to coach progressive paddlesport sessions on sheltered water this is the course for you. The two day course provides training required to progress to the BC Sheltered Water Coach Assessment. If you have completed core coach training and want to develop those skills in a sheltered water environment this is the course for you. Some people choose to work towards becoming a sheltered water coach while working on their leadership qualification prior to moving on to coaching in a moderate water environment in the sea , surf or white water.

Aim

The aim of the course is to develop your coaching knowledge to transfer the coaching skills from the BC Core Coach Training into the sheltered water environment. This will look at the technical and tactical components for paddle craft at this level.

Content

The course covers teaching and learning styles, observation and analysis, feedback, goal setting and many other aspects of delivering high quality coaching sessions. The days are spent looking at 'what' we coach in the environment with the specific boats, and then 'how' we do that with the skills that we already have. At the end of the course you will have a clear understanding of how to progress to your choice of assessment.

For more information: <https://www.britishcanoeing.org.uk/courses/coach-award>

The training will be available in multiple craft with candidates able to make choices when going for assessment these being: Canoe, Kayak or Canoe & Kayak

Course Pre-Requisites

The Discipline Specific Training is open to coaches with:

- Full Home Nation Association Membership
- BC Core Coach Training or old British Canoeing UKCC Level 2 Training

Registration is not required for this training course but is required prior to assessment. It is encouraged that you register ASAP to access the ELearning resource. For more information visit.

<https://www.britishcanoeingawarding.org.uk/coach-award-elearning/>

What Will I Need?

You are welcome to use your own equipment. WOEC has a variety of clothing and equipment for you to use included in the price of the course. For full details see the general information page