



Is It For Me? SEA KAYAK COACH TRAINING

This course is for people who want to coach sea kayaking. This two day course provides the training required to progress to the BC Sea Kayak Coach Assessment. If you are a sea kayak leader and have completed core coach training and want to develop those skills in a moderate water sea environment this is the course for you.

Aim

The aim of the course is to develop your coaching knowledge to transfer the coaching skills from the BC Core Coach Training into the discipline specific environment. This will look at the technical and tactical components for paddle craft at this level.

Content

The course covers teaching and learning styles, observation and analysis, feedback, goal setting and many other aspects of delivering high quality coaching sessions. The days are spent looking at 'what' we coach in the environment with the specific boats, and then 'how' we do that with the skills that we already have. At the end of the course you will have a clear understanding of how to progress to Sea Kayak Coach Assessment

For more information <https://www.britishcanoeing.org.uk/coaching-leadership/courses-for-coaches>

Course Pre-Requisites

The Discipline Specific Training is open to coaches with:

- Full Home Nation Association Membership
- Core Coach Training or equivalent such as old UKCC BC Level 2 Coach training
- Sea Kayak Leader Award (formerly known as 4 star leader and moderate water leader)
- Your personal paddling skills should be well developed so that the full focus of the the course is on coaching skills.
- We recommend that you're able to demonstrate the skills you've developed from the Sea Kayak Leader award.
- You'll also need good knowledge of the discipline of sea kayaking, as this provides the content of hat you'll be coaching.

You do not need to register for this training course however you do need to register prior to assessment. You are encouraged to register ASAP to access the Elearning resource.

<https://www.britishcanoeing.org.uk/coaching-leadership/guidance-resources/registration-guidance>

What Will I Need?

You are welcome to use your own equipment. WOEC has a variety of clothing and equipment for you to use included in the price of the course. For full details see the general information page