



Is this the right course for me? SEA KAYAK AWARD

Aims

The Sea Awards are designed for paddlers looking for recognition of their skills for a safe day out on the sea. During this one day course we will help you progress towards the British Canoeing Sea Kayak Award. Depending of your ability you may or may not complete the award during the day. To attend the course you need to have mastered the fundamental kayaking skills and have completed a number of journeys on the sea in force 3 conditions.

Content

The Sea Kayak Award endorses your skill, judgment and the decision making required for a successful day on the sea. We hope that by the end of the day you will be more skilled and confident in your sea kayak undertaking journeys on the sea, in winds up to and including force 3 and/or tides up to 1 Knot.

The day will be spent developing a wide ranging skills on a beautiful day paddle along the Jurassic coast.

The coach will develop some of the fundamental sea kayak skills of forward paddling, maintaining direction and changing direction. They will also help you to improve your navigation, rescue and journey planning skills.

The best location for the day will be chosen on the local conditions.

For further information and more detailed syllabus

visit <https://www.britishcanoeingawarding.org.uk/new-personal-performance-awards/>

Scroll down to 'Sea' then click on 'sea kayak award'

What Will I Need?

You are welcome to use your own equipment. WOEC has a variety of clothing and equipment for you to use included in the price of the course. For full details see the general information page.