



## Is It For Me? PADDLESport INSTRUCTOR

The British Canoeing Paddlesport Instructor is designed for instructors running paddlesport taster sessions on very sheltered water within the safety system of clubs, centres or other organisations. You'll be working on very sheltered water using craft suitable for complete beginners (e.g. kayak, open canoe, SUP, sit on top). You will have the opportunity to paddle a range of craft during the course, but your personal skills and rescue skills will only be assessed in your preferred craft.

### Aims

The Paddlesports Instructor qualification helps you deliver safe and enjoyable taster sessions based on a groups' needs and aspirations.

Paddlesport Instructor e-learning is available at <https://www.britishcanoeingawarding.org.uk/paddlesport-instructor-elearning/>

### Content

You will develop practical skills such as:

- kitting up a group
- getting afloat
- initial familiarisation
- games with aims
- small journeys to support learning, inspire adventure & explore

Equipping you to deliver safe, enjoyable and rewarding introductory sessions.

During the course we'll also assess your rescue skills and your personal skills in your chosen craft.

If there is any additional support that you may require to access the learning programme please contact the centre to discuss your needs. If you are purely working towards becoming a competition coach and would like to discuss how the course will meet your needs, please get in touch. We have a good range of kayaks and canoes at WOEC, however if you want to bring your own specific boat with you please feel free to.

For further information and more detailed notes

go to <https://www.britishcanoeing.org.uk/courses/paddlesport-instructor>

## Course Pre-Requisites

Prior to attending a Paddlesport Instructor Course, you need to register with your Home Nation Delivery Centre. Registration is valid for 12 months and it is recommended that candidates register at least 1 week before the start of their course.

To attend the course you need to have:

- Full Home Nation Membership
- Registered with Home Nation as a Paddlesport Instructor Candidate
- Completed Foundation Safety and Rescue Training
- Developed Personal Paddling and Rescue Competence in your preferred craft

These will be checked during the course. We recommend that you complete the Foundation Safety and Rescue Training well before attending the Paddlesport Instructor, to give you time to consolidate the rescue skills which will be assessed during the course. If you have been unable to do this, we do have a Foundation Safety and Rescue Training scheduled to run the day prior to your Paddlesport Instructor. This course needs to be booked separately.

You can find details of Paddlesport Instructor registration at

<https://www.britishcanoeing.org.uk/courses/paddlesport-instructor>

## What Will I Need?

You are welcome to use your own equipment. WOEC has a variety of clothing and equipment for you to use included in the price of the course. For full details see the general information page.