

Is It For Me? Paddlesport Leader Training

The Paddlesport Leader is aimed at paddlers taking on formal leadership responsibilities in benign, sheltered water environments and aims to support Leaders to run safe, quality, enjoyable trips based on their group's needs and aspirations. The training is designed for paddlers of any craft who wish to lead straight forward journeys along simple stretches of coastline, down slow moving rivers, canals, lakes and estuaries in lights winds with no more than ½ knot of tide.

## Aim

This two day course aims to cover the content of the British Canoeing Paddlesport

training course on the water to prepare you for Paddlesport leader assessment.

## Content

Your role as a Paddlesport Leader is to lead good quality, enjoyable trips based on your group's needs and aspirations. Develop the judgement required to choose the best venue, distance and equipment to suit your group's specific needs. This two day course will focus on your ability to operate as a Paddlesport leader in sheltered water conditions in a variety of craft (Kayak, Canoe and SUP). This training will improve your leadership skills, personal paddling skills and rescue skills. We'll also cover underpinning background knowledge, understanding and experience.

For more information on the award go to

https://www.britishcanoeing.org.uk/courses/paddlesport-leader-award-1

## **Course Pre-Requisites**

Open to all paddlers with some experience in at least two paddlesport craft. Please feel free to contact the centre to discuss your suitability for this course.

Prior to <u>assessment</u> you will be required to register with British Canoeing. Although not required for the training you are encourage to register ASAP as it will allow you access to the Elearning.

https://www.britishcanoeing.org.uk/courses/paddlesport-leader-award-1#registration

## What Will I Need?

You are welcome to use your own equipment. WOEC has a variety of clothing and equipment for you to use included in the price of the course. For full details see the general information page.