



## **Is It For Me? Classroom Navigation Course**

This classroom based course is designed for all sea kayakers who want to develop their knowledge and skills in Tidal Planning and Navigation.

### **Aims**

Develop the skills required to safely plan trips along the UK's coastline. It will enable you to plan and navigate effectively on coastal journeys, interpreting information including maps, charts, coastal pilots, tide tables, swell prediction and weather forecasts.

### **Content**

Training will be classroom based at WOEC using the centres extensive tidal planning resources. The focus of this course is an introduction to tides, how to predict them and how they work. The course will give you the skills to plan coastal journeys in areas affected by tidal flow. You will plan trips using Tidal Streams Atlas's, Pilots, Charts and Ordnance Survey Maps. The course will also look at key navigation techniques including compass work. It is a practical, classroom based day and no paddling equipment is required. All equipment is provided however feel free to bring any of your own tidal planning resources.

### **Course Pre-Requisites**

Open to anyone.

### **What Will I Need?**

You are welcome to use your own equipment. WOEC has a variety of clothing and equipment for you to use included in the price of the course. For full details see the general information page.