Busy and high speed roads suited to confident cyclists only
(unsuitable for inexperienced cyclists or families)

Busy road suited to experienced cyclists
(depending on traffic flows, may not suit inexperienced cyclists or families at certain times of days)

Signed cycle route on-road

Advisory cycle route
(traffic volumes may vary according to the time of day)

Unmade unclassified county road / green lanes
(open to all vehicular traffic including pedestrians, horseriders and cyclists which have very low or no traffic)

Pedestrian street (no cycling)

Traffic-free walking and cycling route

Bridleway - mountain bike recommended

Proposed traffic-free walking and cycling route

Cycle lane

Bus lane

Footpath / permissive path

South West Coast Path / England Coast Path

Wild About Weymouth and Portland Legacy Trail

National Cycle Network route number

Tour de Manche cycle route

Jurassic Cycle Trail

Cycle parking

Place of worship

College / school

Library

Toucan / pelican crossing

Railway station

Disused railway track. Take care

One-way

Steep arrrow
(arrow points downhill)

Hospital

Post office

Supermarket / convenience store

GP surgery

Bike shop

Tourist Information Points

Metres	Rural	Urban
260-280		Urban height above 160 m
240-260		
220-240		
200-220		
180-200		
160-180		
140-160		
120-140		
100-120		
80-100		
60-80		
40-60		
20-40		
0-20		

Contours are shown at 10 metre intervals

Local walking & cycling routes

1. Radipole Lake Route
2. The Marsh
3. Wessex Route
4. Redlands Route
5. Littlemoor Route
6. Preston Route
7. Overcombe Route

The representation of a route is not an assurance that it is safe in all circumstances. Each cyclist must make this judgement on his or her own experience.

0 Miles 0.2 0.4 0.6
0 Kilometres 0.2 0.4 0.6 0.8 1

How long will it take?

3 minutes cycling will take you this far > or this far

If you cycle at about 6 miles an hour

If you cycle at about 10 miles an hour

10 minutes walking will take you about this far

If you walk about 3 miles an hour

N W E S

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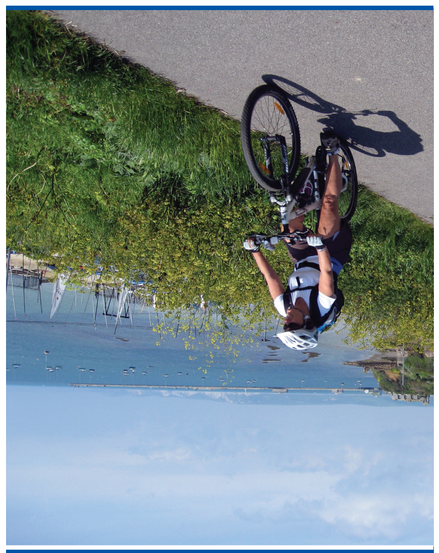
See Portland Map overleaf

See town centre inset for more detail

Town centre inset

TravelDorset
Check before you travel

Explore 24 miles of cycle network



Weymouth & Portland Walking & Cycling Map

Have you found this map useful?
Please contact **travelchoice@dorsetcc.gov.uk** to provide any feedback or suggestions

Reporting problems

Please report defects with footways, cycle tracks and roads such as potholes, lighting, overhanging vegetation, obstructions and flooding to Dorset Direct on 01305 221000 or online at **dorsetforyou.com** - report a road fault.

Problems with Rights of Way can be reported online at:
http://maps.dorsetforyou.com/countryside/reportproblem/

For general issues about walking and cycling please contact the Travel Choice Team at **travelchoice@dorsetcc.gov.uk** or call 01305 228228

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The representation of a track or a path is no evidence of a public right of way. This is not a Definitive Map of Rights of Way and has no legal status. Users of all routes shown on this map do so entirely at their own risk. We cannot guarantee that all routes and bridleways will always be passable by bike and on foot particularly in wet weather.
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Out and about - let Travel Dorset show you the way

dorsetforyou.com/traveldorset
live travel alerts
bus and train times

Check before you travel

Explore 24 miles of cycle network

Weymouth & Portland Walking & Cycling Map

Cycle maintenance help

Headset is a non-profit community bike workshop based at IPACA Royal Manor Campus servicing, repairing and building bikes for the local community. The Headset Hub co-ordinates a bike club and bikeability training for young people.

www.headsetbikes.co.uk

Tel: 07789435087

HEADSET
BIKE MAINTENANCE & WORKSHOP

FIZZ family walks and cycles

Fizz is a supportive social walking and cycling group that helps local people get out and about walking and cycling for fun. The walks and cycles follow routes away from roads and traffic wherever possible, with a tea stop and something nice for the kids to do. Walks and cycles are at a pace to suit everyone, and no one will get left behind. For more information visit the events calendar at **www.dorsetforyou.com/fizz**

Travel information

dorsetforyou.com/traveldorset – your one stop portal for travel information in Dorset

dcn.org.uk – Dorset Cyclists' Network

dorsetforyou.com/cycling – information and advice about cycling to work and for leisure

dorsetforyou.com/walking – enjoy Dorset's beautiful towns and countryside on foot

dorsetforyou.com/bikeability – how to access cycle training for your child and information about the Sustrans "Bike It" initiative in Dorset

dorsetforyou.com/fizz – led family walks and cycles in Weymouth & Portland

dorsetforyou.com/business-travel – business travel advice and sustainable travel grants

dorset-ramblers.org.uk – find a local walk for all age groups

sustrans.org.uk – become a local ranger and look after your local National Cycle Network route

travelinesw.com – Public transport and journey planner for the south west

walkingforhealth.org.uk – search the walkfinder tool to find a short health walk led by the Weymouth & Portland Amblers

westdorsetctc.org.uk –- local group of the Cyclists' Touring Club organising regular led cycle rides in the area

Giving you more travel choices

Dorset County Council has secured £2.4m from the Government's Local Sustainable Transport Fund (LSTF) to support economic growth and reduce carbon emissions by improving sustainable transport. This includes £1.1m investment in walking and cycling routes and is a great opportunity to create a more pedestrian and cycle friendly environment in Weymouth, Portland and Dorchester. More information at **www.dorsetforyou.com/lstf**

Car sharing

Carsharedorset.com is a free journey matching service.

Are you a car driver?
Sharing your journey can save you money.

Are you a passenger?
Travel door-to-door at a time that suits you.

If you are going there - share!

Sign up and save money
with carsharedorset.com

Sustrans

Sustrans is the charity that's enabling people to travel by foot, bike or public transport for more of the journeys we make everyday.

Visit **www.sustrans.org.uk** to get great tips if you're thinking about getting back on your bike or would like to go cycling with your children. Take a look at the easy rides section to find simple, safe and enjoyable cycling routes in your area, or order a free cycling information pack highlighting all the National Cycle Network routes near you.

Jurassic Trails

Cycling is a great way to explore our area. Why not hire a bike and ride in the footprints of dinosaurs on the Jurassic Cycle Trails? This offers three fun, family friendly flat trails of 6, 8.5 and 17miles. For more details visit www.jurassiccycletrails.co.uk

Bikes can be hired from:

- jurassictrailscyclehire.co.uk Tel: 01305 836428
- weymouthcyclehire.co.uk Tel: 07973 751 393
- tilleysmotorcycles.co.uk Tel: 01305 785672
- westhamcycles.com Tel: 01305 776977

JURASSIC CYCLE TRAIL

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Traffic-free cycling

There are 24 miles of cycle routes in Weymouth and Portland, the majority are traffic-free. This includes National Cycle Network route 26 which provides a direct and traffic-free connection to Dorchester and beyond by bike.

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Urban height above 160 m
Contours are shown at 10 metre intervals

The representation of a route is not an assurance that it is safe in all circumstances. Each cyclist must make this judgement on his or her own experience.

Bike polite

Cycling is becoming increasingly popular and has grown by 51% in Weymouth & Portland since 2008. More cyclists mean that there is greater chance of conflict with other road users. However, if everyone is considerate, then there is plenty of space for all. Set a good example to other road users and keep yourself and them safe by following the Bike Polite Code:

- **Shared paths** – slow down, ring bell or say "excuse me" and say thanks when passing
- **Footways** – pavements are for pedestrians. Never cycle on a busy pavement; it is illegal, selfish and may put other road users at risk of injury
- **Traffic lights** – cyclists are traffic too, so stop at red lights. Jumping red lights is illegal and may put you and other road users at risk of injury
- **After dark** – use front and rear lights and reflective or light clothing after dark so you can be seen

Get active

More than half of all adults are overweight or obese. Inactive or unfit people also have a much higher risk of dying from Coronary Heart Disease, Strokes, Cancer and Type II Diabetes. Being physically active dramatically reduces the chance of contracting these diseases.

The Government's Chief Medical Officer recommends people do half an hour of moderate exercise five days a week and walking and cycling instead of driving are great ways to achieve this. Just half an hour cycling a day reduces the risk of heart disease, stroke and lung disease.

Why walk & cycle

- Almost everyone can do it
- You can do it anywhere and any time
- It's a chance to make new friends
- It's free and you don't need special equipment to walk
- Modern bicycles are comfortable and good value – or pick up a cheap second hand one from your local bike shop

250+ free to use cycle parking berths and a 40 capacity secure cycle parking shelter in Weymouth town centre, cycling is a practical and fun way to get about your local area.

One-to-one adult cycle training

If you'd like to get back on your bike but are put off by the traffic or feel out of practice then why not try our one-to-one adult cycle training? For just £10, a qualified cycle training instructor will provide you with a two hour session to refresh your skills and help you feel more confident and be safe on your bike including:

- How to set-off and stop safely
- Turning left and right
- Basic cycle safety
- Road and traffic skills

For more information and to apply for a voucher visit: **www.dorsetforyou.com/adult-cycle**

Cycling tips

- Follow the Highway Code (see the Bike Polite section)
- Consider wearing a cycle helmet and make sure it is fitted correctly
- Keep your bike well maintained with a regular service by a professional. Fit a bell, check brakes, tyres and steering
- Be visible, wear reflective clothing
- Use this map to plan your route, avoid difficult junctions or high speed roads
- On road, position yourself where you are visible, maintain a gap from the kerb or parked cars and use clear signals
- Undertake refresher cycle training if you do not feel confident on your bike
- Avoid theft by always locking your bike