


 Gillingham:
MARK SIMONS

DISTANCE: 16miles/26km

DIFFICULTY:

TIME: Approx. 2-3hrs

Grade 3

This challenging ride will take you through some pretty villages on the outskirts of Gillingham.

Interesting places to stop:

Gillingham Museum holds many secrets of Gillingham's past. Learn about the Gillingham Royal Forest and John Constables visit to the town.

Refreshments:

Gillingham has various shops, cafes and pubs where you can purchase refreshments.

The Stapleton Arms in Buckhorn Weston has an outside seating area in front of the pub where you can sit and watch the world go by.

Gillingham has three rivers running through the town and so has many opportunities to explore these watery habitats. Due to its abundance of rivers, Gillingham is a stronghold for Water Voles. If you are patient you may be lucky enough to see one of these mammals along the banks of the river, listen out for the characteristic 'plop' as it enters the water.


 Rollisbridge reserve:
GILES NICHOLSON

DISTANCE: 16miles/26km

DIFFICULTY:

TIME: Approx. 2-3hrs

Grade 3


SUGGESTED STARTING POINT:
GRID REF: ST 804 275


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Directions:

Start the ride from the Peacemars Surgery on Marlott Road.

- Take care crossing the road to the cycle path on your left.
- Follow the cycle path to Milton on Stour, signposted to Bourton and Zeals.
- After 200 yards, take the turning on the left, by the Post Office, signposted to Gillingham.
- Follow the Sustrans cycle route 25 to the T-Junction.
- Turn right and then a sharp left after 50 yards.
- At the next T-junction turn left, after 200 yards turn right.
- Follow the signpost to Buckhorn Weston.
- At Quarr, go straight over the off-set crossroads and head down the steep hill signposted to Buckhorn Weston.
- Climb the hill to a T-junction and turn left. **Take care going downhill.**
- Leaving Buckhorn Weston, go straight on, passing the Stapleton Arms and continue under the railway bridge signposted to Kington Magna.
- At Kington Magna, turn left at the T-Junction signposted to Gillingham.
- Go through village and turn left at the T-Junction by the telephone box.
- Continue up the steep Church Hill.
- **At the crossroads go straight over,** signposted to Gillingham.
- Cycle past Bowden Farm on the left, continue down the long stretch to the railway bridge.
- Bear left under the bridge and follow the Sustrans route 25.
- Ride through the new houses to the T-Junction, turn left and then take the 1st right into Coldharbour Road.
- At the T-Junction, turn right into Rolls Bridge Way.
- Look for the cycle path on your left that will take you back to the Peacemars Surgery.