

Reasonable adjustments at your Annual Health Check



Reasonable adjustments means changing things to make it easier for you.



Asking your doctors surgery to make reasonable adjustments can help you to have a successful Health Check.



These changes could be:

- Using pictures or easy read information
- A longer appointment
- Using simple language to help explain things
- Checking you understand what is being said to you
- Choosing an appointment time and day that's best for you



Contact your doctors surgery before your Health Check and let them know what reasonable adjustments you will need.