

Learning Disability Annual Health Checks



People with a learning disability aged 14 and over can have a yearly check-up at their doctors surgery.



Having a Health Check every year can help you find out if you have any health problems you need help with.



At your Health Check you will get a Health Action Plan, this will help you to remember the things you can do to stay healthy.



If you need any help and support at your Health Check, just ask your doctors surgery when you book your appointment.

If you would like to book an Annual Health Check please contact your doctors surgery.